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ASHLEE & JESSICA



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BEAUTY OF THE BANDEAU

A bandeau headband generally consists of a piece of fabric folded in half and stitched together. A typical bandeau generally has one very discreet vertical and horizontal seam.

The bandeau headband was initially worn in the early 1920s by Wimbledon tennis pro Suzanne Lenglen. Not only did Ms. Lenglen shock the world by being the first to

wear a short skirt, she ditched the traditional tennis hat for a sleek bandeau that allowed her to see what she was doing on the court. Gee, what a concept!

The beauty of these soft headbands is that they look chic and fashionable, are easy to wear, stay firmly in place and can work in a variety of hair situations from growing out unruly bangs to showcasing curls and waves. L. Erickson, USA has unveiled a gorgeous rainbow of these little beauties in a soft sultry Lycra that will make you swear that they are they're really made of silk. They're not, but you will love the sensuous feel of the instantly adjustable bands. Even better, they can be tucked into small handbags and liberated if you get caught in a sudden rainstorm, a blast of humid air or just the need to pop into a convertible. What could be better than a hair accessory that works to control your tresses for you rather than you working to control it?

Available in a rainbow of colors from HairBoutique.com. For more information call 1-866-469-4247.



L.A. LOOKS SUPPORTS THE CAUSE

L.A. LOOKS Extra Super Hold Styling Gel helps style and define hair. Now it has a more significant purpose—this pretty pink gel will support a cause that helps thousands of women fighting breast cancer. This October, L.A. LOOKS will make a \$20,000 donation to the Susan G. Komen Breast Cancer Foundation in support of breast cancer research and outreach programs, advancing research, education, screening and treatment (www.komen.org or call 1.800.462.9273). L.A. LOOKS Extra Super Hold Styling Gel (\$2.79) is available nationwide at food, drug and mass market retailers.



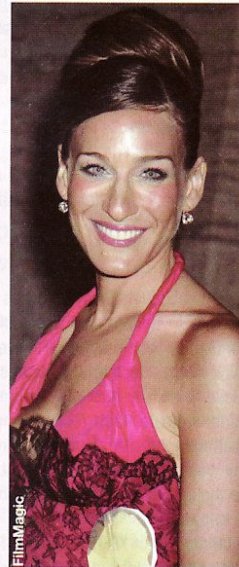
MUST-HAVE OF THE SEASON: BROOCHES!

Leave it to the high priestess of hot fashion trends, Sarah Jessica Parker (SJP), to be one of the first to be captured on film showing off a series of vintage inspired brooches. Not only

did Sarah Jessica position a gorgeous shimmery jeweled pin right at the middle of her breast bone, to accent a gorgeous gown, she appeared a few days later with a stunning brooch decorating her lovely tresses.

This season, don't be surprised to see brooches and pins decorating a dizzying array of purses, belts, bracelets, gowns and back pockets. Brooches will be worn alone or in groups on everything from pants pockets to the tops of boots, as shoe decorations and as instant barrettes. When it comes to brooches, anything vintage inspired with intense shimmer will be most desirable.

In keeping with the hot brooch trends, designer June Bijou has introduced a gorgeous line of pins and brooches that can do duty at a variety of locations from the lapel to the tresses. June Bijou is all available at HairBoutique.com. For more information call 1-866-469-4247.



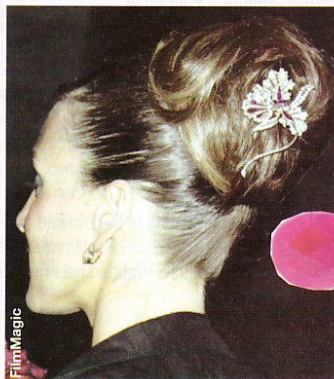
GET GORGEOUS!



Get ready for fall with Bath & Body Works! Summer was a blast, but after long days of sunbathing and swimming, your hair needs some extra TLC. Botanical Nutrients treatments deep condition and restore natural shine and flexibility to your hair, providing moisture, strength and protection. One

of our favorites is Wheat Germ Almond Hair Reconstructor. The protective soy protein helps repair damage by strengthening hair while organic aloe, wheat germ and lavender moisturize hair more thoroughly than everyday conditioners. Added kick: almond essential oil helps replenish natural shine. (8.5 oz., \$18.00)

And since voluminous hair is in, check out Watercress Hair Volumizer. Organic rosemary provides maximum lift for hair, watercress provides the moisture hair needs to hold its shape and organic green tea provides anti-oxidants to protect against environmental damage. (3.4oz., \$12.00). Available at Bath & Body Works stores nationwide; call 1-800-395-1001 to find the store closest to you.



JESSICA & ASHLEE SIMPSON

By Karen Marie Shelton
www.hairboutique.com



From Vanilla to Chocolate

Ken Paves, who has coiffed the Simpson sisters since Jessica was barely 17 and Ashlee was 13, was on hand to do their hair honors for the Vivendi event. He also confirmed he had created his signature Paves hairstyles for "his girls" for their "current Pizza Hut Buffalo Chicken commercial and for their new Icebreakers ad."

In fact, on the very day that Ashlee traded in her vanilla blonde palette for deep sultry chocolate tresses, I heard the sizzling scoop directly from Ken. Like a proud parent, Ken was bursting with excitement over the fact that Ashlee had sauntered into the nearest drugstore, picked out a permanent home hair color kit and did the color deed all by herself (the brand of brunette mix will forever remain Ashlee's little secret).

So what was behind Ashlee's sudden splurge with the chocolate hair dye? Was it driven by some need to make a statement about her own identity? According to Ken, "Ashlee, like Jessica, is very experimental with her tresses and she goes with what feels good and hits her in her gut." Her current color transformation from blonde to brunette "just felt right" to the free spirited Ashlee at this stage in her life and her career.

"Neither Jessica nor Ashlee are naturally blonde" and both have "medium to dark dirty blonde hair," Ken shares. Both sisters also share fine textures along with a wave gene, although Jessica's pattern is slight while Ashlee "has a lot of wave to her hair." And even though Jessica's and Ashlee's hair textures are fine, they both have "a lot of hair" with Ashlee being blessed "with tons and tons and tons of hair."

The dazzling Simpson sister duo was a feast for the celebrity lenses at the recent Vivendi Universal Gales E3 Kickoff Party. Putting their gorgeous Ken Paves-styled heads together, sisters Jessica and Ashlee sizzled as they provided some high-spirited mugging for the frenzied paparazzi.

The party sightings of the famous sibs comes right on the heels of their recent joint appearances accompanied by their parents, Joe and Tina, and two completely different MTV camera crews. Not only was Jessica and hubby Nick being filmed by their *Newlyweds* team, but Ashlee's every move was chronicled by her own MTV reality crew for her new show that debuted this summer. Ashlee will share the reality of her life as a brand new shooting star destined to explode as a singer, dancer and actress.

Jessica has captivated the world with her impressive singing and acting skills. Her ability to laugh at herself while goofing off and falling down for the cameras has won over even the most hard-hearted fan holdouts. And while big sis Jessica (July 10, 1980) has been busy wowing the world with her mega talents, Ashlee (October 3, 1984) has kicked the imposing shadow of her older sibling to the curb with her recent recurring role on The WB's *7th Heaven*, the impending release of her first CD, autobiography and her busy solo appearance schedule.





Uptown & Downtown Girls

Since Ken Paves has been working with Jessica and Ashlee since the beginning of their careers, he knows better than anyone what the sisters are really about, including the secret 411 on their hair and style likes and dislikes. Ken confirmed that while Jess and Ash are extremely close and share some similar personality traits, opinions and attitudes, Ken outlined the differences by classifying Jessica as “the absolute Glamour Girl” and Ashlee as “a classic Glam Rock Girl.”

We already know from the MTV “isn’t this cute” *Newlyweds* epic that Jessica and her mom Tina love to shop. Not surprisingly, so does Ashlee. The difference? Ken explained that Jessica is an “Uptown Girl” who might be found browsing for those cute designs in the most fashionable couture shops while Ashlee is a “Downtown Girl” who would be found wandering through eclectic vintage shops.

Wiggin’ It

Both sisters adore experimenting with a dizzying array of extensions, wigs and alternative styles. As I reported previously, Ken used bang extensions to help Ashlee instantly ditch a previous fringe. Now she is back with bangs but Ken confided “she is currently wearing extensions to give her super choppy style more length and softness.” Whether she is wearing bangs or not, there

is no denying that Ashlee shares the Simpson “big beautiful eyes” genes. The combination of the darker hues and the choppy fringe of hair flirting across her forehead makes her eyes totally pop.

In a truly touching gesture, Ken recently presented Ashlee with a special gift of a Paves designed and custom coifed platinum wig created specifically for Ashlee.

Ken explained that when he gives “one of his girls,” as he calls his many celebrity clients, a wig, it means that they are “one of his girls forever.” And who might be some of Ken’s girls you ask? The Paves’ Girls include the likes of Jessica, Carmen Electra, Christina Applegate, Pamela Anderson, Celine Dion, Jennifer Lopez and Marley Shelton, to name just a few. And now that Ashlee has received the official Pave’s wig trophy, she will be forever part of the special group of girls that Ken dedicates his creative heart to.

WIN! A Celebrity Makeover from Star Stylist Ken Paves!

The man behind the gorgeous tresses of Jessica and Ashlee, Carmen, Christina and Marley, to name just a few of today’s superstars, is celebrity hairdresser Ken Paves. While he is known for his amazing hair wizardry in Hollywood, Ken is also a fan favorite on *Oprah* where he and his team regularly transform everyday people to glamorous models. Wouldn’t it be great if Ken Paves was on the other end of your speed dial?

Well now you have a chance to have Hollywood’s hottest hair-stylist as your personal makeover consultant for the day. Even better—your transformation at the hands of this strand superstar will be immortalized in the pages of *101 Hairstyles*.

To win this fabulous makeover prize with Ken Paves in his world renowned Pavé Salon in Clinton Township, Michigan, write a 100 to 150 word essay telling us why you would like a hair makeover with Ken. Along with your essay, enclose a head shot of yourself and send both to: Star for the Day, c/o *101 HairStyles*, 1359 Broadway, Suite 1203, NY, NY 10018. Make sure you include your name, address, age, email address and telephone number along with your essay and photo. We’ll select two lucky winners who will get to experience Ken’s magical touch first hand! For contest rules see page 4; contest ends on 12/15/04.



CELEBRITY SISTERS & THEIR TRESSES

By Karen Marie Shelton, www.hairboutique.com

Coco Chanel once said "in order to be irreplaceable one must always be different." This sentiment seems so appropriate at the present time when the celebrity world is jam-packed with famous sisters that are trying to establish their own identities. Popular sister acts currently include the Olsens (Mary-Kate and Ashley), the Simpsons (Jessica and Ashlee) the Hiltons (Paris and Nicky), the Spears (Britney and Jaime-Lynn), the Lopez sisters (Jennifer and Linda), the Duffs (Hillary and Haylie) and the Knowles (Beyoncé and Solange), to name just a few of the power-packed duos.

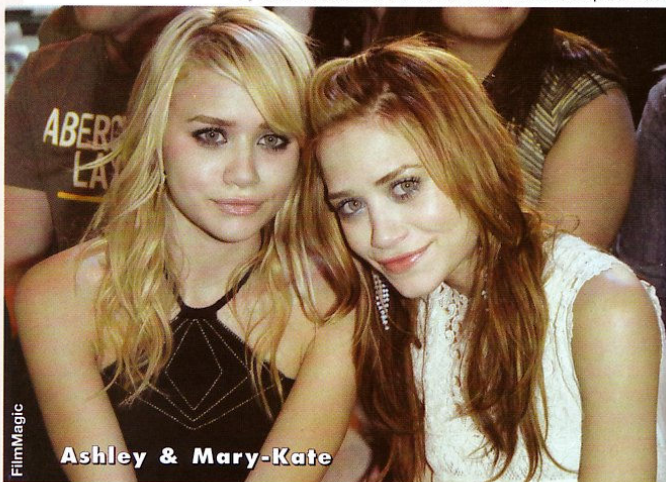
Anyone who has a sister, as I do, understands the mental, emotional and spiritual complexities that biological sisterhood imparts. One minute you love your sister to death and the next you want to claw her eyes out. Sisters are often each other's staunchest supporters, as we have witnessed with the celebrity sisters. And at the same time, sisters are fiercely competing for everything from parental love, to worldly success, fame and fortune.

The Mane Differences

Even though celeb megastars like Mary-Kate and Ashley Olsen, and Paris and Nicky Hilton, have the world by their couture jacket tails, every one of them appears to crave their own identities as they alternate between sister solidarity and fierce competition in their chosen niches.

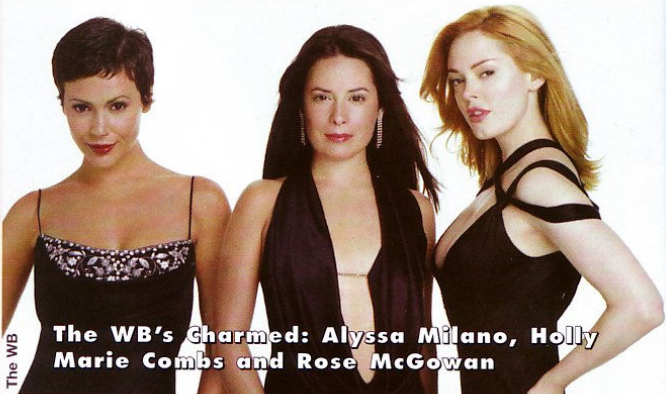
As each group of sisters is making their way to their own career crossroads, they are opting to embrace that important difference through their tresses. And why not? Nothing makes a more dramatic personal statement than the color, length and ultimate style of your strands. Adopting an opposite hue creates an instant difference.

Although the media has been preoccupied with the recent dramatic brunette transformations of Mary-Kate and Nicky, many other celebrity sisters have followed the same instant identify alternating path. In fact, even the three gorgeous make-believe sisters on The WB's *Charmed* alter their hairstyles, colors and lengths to stand apart from each other. And judging by these photos, they've all achieved their own individual style success.



FilmMagic

Ashley & Mary-Kate



The WB

The WB's Charmed: Alyssa Milano, Holly Marie Combs and Rose McGowan



JPI Studios

Paris & Nicky



WireImage

Beyoncé & Solange



WireImage

Britney & Jaime-Lynn

TRESS RX

By Karen M. Shelton
www.hairboutique.com

Ask the Hair Doctor!



Maurice Meade

Tangles Beyond Belief!

The problem: Tangles, tangles, tangles! I have medium long, average thick hair. I use extra light ash blonde L'Oreal hair color. I live in the "boondocks" and we have well water, so whether I spend the \$50 to \$100 a month going to a hairstylist or use box color, within a week it starts getting the reddish tones from the ores in the water. That is why I now use box color instead of spending the money at a hair salon when it all turns the same color anyway. I have

used clarifiers, but Shimmer Lights is the only thing that really helps keep some of the ash tone.

Anyway, I heavily condition my hair. I use, or have used, products such as: Redken, Aussie, Pantene, L'Oreal, Infusium, VO-5, Clairol, Sebastian and the list goes on and on. I have used leave-in conditioners, hot oil treatments, left conditioners on for five minutes to all night, and any product I could find that specifically states it "detangles hair." But after pulling out a brush full of hair a little while ago, I need another solution. Thanks for any help you can give. —Christine

As you have explained, there are many factors that are at play in your current hair situation ranging from the ongoing home hair coloring to the well water. And yes, it is a well-known fact that well water can cause gradual discoloration to hair, whether colored or not.

Based on what you have told me, I suspect that your tangle problems are the result of hair that is damaged from a combination of the well water use along with long term hair color damage. You did not mention if you are coloring only the roots or re-coloring the entire head of hair every few weeks but the potential damage increases more seriously if you color the entire strand rather than just the roots.

While there are many wonderful detangling products on the market at this time, no product, no matter how well it has been designed, will detangle hair that is severely damaged.

So why does hair tangle so severely? When the hair's outer layer, or cuticle, is damaged by chronic chemical applications such as hair color, miniscule rips and tears begin to appear in the cuticle. Whether hair is colored at home or by a professional hair colorist, there is always risk associated with adding any type of chemicals to your strands. However, if the color is applied on an ongoing basis to the entire strand rather than just the root, each additional chemical application causes the rips and tears to become more pronounced.

Besides the ongoing development of rips and tears, hair that is continuously chemically treated will ultimately become extremely dry, brittle and porous, making it difficult to detangle or comb. Some people with damaged hair describe it as feeling like a wet sponge. Others mention the horrible tangles. And yes, in your case well water probably adds to the tangling problems.

Can your hair be repaired? Although it is often very difficult to actually add back the natural oils to hair that is severely damaged and tangled, it is possible to make some changes. I would suggest the following steps:

1. Evaluate your tresses for damage. Look closely at your tresses to determine if the ends are split, dry and damaged. Consider having the most damaged ends trimmed to eliminate some of the problem areas that add to the tangling problems.

You may also want to investigate the possibility of backing off your current hair color schedule giving your hair longer between treatments to allow the strands to recover and become stronger.

2. Shampoo with super moisturizing formulas and dilute. Use only lukewarm water. Phytojoba, Phytonecta and Rene Furterer Karite Shampoo are designed specifically to help heal extremely dry, chemically damaged hair and scalps. Many people with extremely damaged hair benefit from these products.

Although dilution is not specified by the various hair care manufacturers, I would suggest that when you shampoo, that you dilute one part shampoo to three to five parts of warm water in a clean container. Swish the mixture and then after wetting hair completely with warm water, drizzle the formula down over your scalp, allowing the suds to gently flow down the length of your strands. You may wish to dilute more or less shampoo depending on the results you achieve. Experiment until you find the right combination.

3. Use new water source. Since well water seems to be part of the current problem with your hair, I would suggest that you buy jugs of inexpensive water and try washing and rinsing your hair in distilled water to determine if there is a difference. If you notice a significant improvement in your hair, you may want to investigate buying a water filter that will eliminate a lot of the well water contaminants.

4. Wash less often. Some hair care experts believe that hair should only be cleaned with shampoo once a week or less. This concept must be evaluated on an individual basis for appropriateness. However, when hair is severely damaged and tangled, washing with shampoo less often may be beneficial since the very nature of washing the hair ruffles the damage cuticles.

You may wish to consider washing your hair only two to three times a week rather than every other day. If

you feel you must shampoo every day, try wetting the hair completely and then applying a rinse out conditioner instead of shampoo.

5. Continue to deep condition. Although you may have experienced frustrating results in the past with the various products you have tried, don't give up with deep conditioning treatments. You may wish to experiment with home treatments designed to add moisture back such as using light oils like sesame or almond on your strands, from your ears down.

Or you might opt to go for the super powerful deep conditioners like those made by Phyto and Rene Furterer. The Phyto Karite Conditioner was made specifically for extremely damaged hair. Rene Furterer's Karite Conditioner was also created for chemically processed and stressed strands. Yes, these products are more expensive but they are designed to be very strong and help the majority of people.

6. Avoid hot tools of any kind. Heat can make any problem hair worse. Until your hair significantly improves, avoid using blow dryers, hot irons or any styling tools like hot curlers that will cause even more damage to fragile hair. When possible, towel blot your hair and let it air dry. Give your hair a break and let it take some time to recover.

Other tips include the following:

- Use an all natural boar's head brush like a Mason Pearson or Conair to carefully detangle before getting into the shower. Avoid synthetic brushes or brushes with round ball tips at the ends which can rip hair.
- Sometimes, when hair is not completely detangled before water is applied, tangles will become locked into the strands. Use a rinse-out conditioner in the shower. This helps remove tangles and smooth the cuticles.
- Lightly coat your fingers with a detangling



Maurice Meade

product and use your actual fingers for the first pass at removing tangles. Not only are fingers softer, they offer more control and the advantage of less snags and rips. Be sure that nails are well maintained and will not catch wet hair.

- Sleep on a satin or silk pillowcase which helps keep hair softer and easier to detangle.
- Consider taking hair vitamins. A good formula will help your hair to more quickly recover from extreme damage. They will also make your hair softer and easier to manage.
- Eat foods with olive oils. This helps add oils naturally back to your scalp, hair and skin. Drizzle a little on your salads or bread for a great treat for hair, skin and nails.

Karen M. Shelton is President/CEO of the popular award-winning www.hairboutique.com

Have a question for the hair doctor? Email Karen at shelton@hairboutique.com or Cheryl at cheryl@celebinsider.com. Or send your question to: Hair Doctor, 101 HairStyles, 1359 Broadway, Suite 1203, NY, NY 10018

Bridal Beauty

You've got the guy, the dress and the wedding site reserved, now it's time to start planning the most important detail of the impending nuptials...Bridal Beauty!



Stylist: James Burns;
Makeup: Tina Louden;
Photo: D. Mast

Hair was pinned in small sections to the crown and nape area of the head. The ends are spiral curled with a small iron and left loose.



Stylist: James Burns;
Makeup: Tina Louden;
Photo: D. Mast

For an easy, yet classic style, hair is spiral curled all over using multiple sized curling irons. A light wax was then used to define strands and curls were left to hang freely. One side was then swept up in an oversized clip for an interesting focal point.

"Many brides believe their dress is the most important aspect of their look," states Dayton Mast, master stylist and owner of L'Image, Dallas. "Your groom and guests will forever remember your radiant face, sparkling eyes and elegant coif. The wedding dress catches their attention only because it enhances your beauty."

Since all eyes will be on you, your wedding day is no time for beauty blunders. Seeking professional assistance is beauty insurance that you will feel pampered and look perfect for your walk down the aisle, as well as helping to save your sanity!

Skin Care. True beauty is all about achieving an inner and outer glow. And nothing bestows dewy, radiant skin like a series of facials customized to your individual skin type. L'Image skin care specialists suggest beginning monthly facials six months before the wedding to ensure that skin will have an ethereal glow for the walk down the aisle.

Makeup. By definition, a makeup artist specializes in making women beautiful and natural and ensures you will look picture-perfect for the camera. "A bride wants to look like herself, just better!" states Tina Louden, makeup artist at L'Image, Plano. "I like to add contour and color to the face, creating a natural look that won't be washed out by the photographer's flash or intense video lighting."

Hair. Headpieces, hats and veils present a unique hair-styling challenge. "Brides should consult a hairstylist before the headpiece is purchased," states James Burns, master stylist at L'Image, Plano. "This insures that the headpiece compliments the brides chosen hairstyle and wedding gown. First and foremost, the

For a more sophisticated look, a high chignon is always in style! Hair is swept into a high ponytail then separated into six strands that are then twisted and looped to form a detailed and elegant style!



Stylist: James Burns; Makeup: Tina Louden; Photo: D. Mast

Truly elegant is all that needs to be said about this luxe style. Hair is split into four equal sections from ear to ear and down the center part. The two back sections are backcombed and wrapped into a mock French twist with the ends left out to form curls. Hair is parted into two-inch sections at the fringe area for styling later. The left front section is swept back and blended into the twist. The right front section is pulled into the top section and ends are spiked and molded for a bit of added funk to this classy style. Fringe area is swept across the forehead and ends are tucked behind ears.



Stylist: James Burns;
Makeup: Tina Louden;
Photo: D. Mast

headpiece should not overwhelm the bride's face or the gown, but rather should frame the bride's face."

Nails. Clever brides-to-be know the importance of beautiful hands and nails. Everyone will be gazing at your ring finger, so you need to make sure your hands get as much care and attention as your complexion. "Brides (and grooms!) should include hand and nail care in their beauty treatments well in advance of the big day," states Angela Kohistani, manicurist, L'Image, Dallas. Having regular manicures also allows you to try different lengths, colors and styles, so your nails will look as lovely as you do. P.S. Same goes for feet!

Sleek and simple is the focus of this semi-formal style. Hair is flat-ironed all over for a smooth, silky look. The crown area is then pulled into a tight ponytail and the ends are backcombed and shaped into a stylish top design. Curl one large section in the fringe as a contrast to the sleekness of the overall look.



Stylist: Ann Nguyen;
Makeup: Mitra Z;
Photo: D. Mast

A formal version of a short style for the modern bride. Bold blonde and caramel panels accentuate the long bang. A short point cut neckline for lots of texture and volume. Short layers on crown for height are blended into a long bang for drama. Round brush adds volume, then a flat iron is used on bangs. Fiber wax was then applied to accent pieces throughout the crown.

Practice Makes Perfect. Loudon and Burns suggest you schedule a "trial run" with your hair and makeup professionals a month before the wedding. You should bring your headpiece and experiment with styles and updos. "I encourage the bride to bring a camera that takes instant photos, then she can check and see how the style and makeup look in photographs," states Loudon.

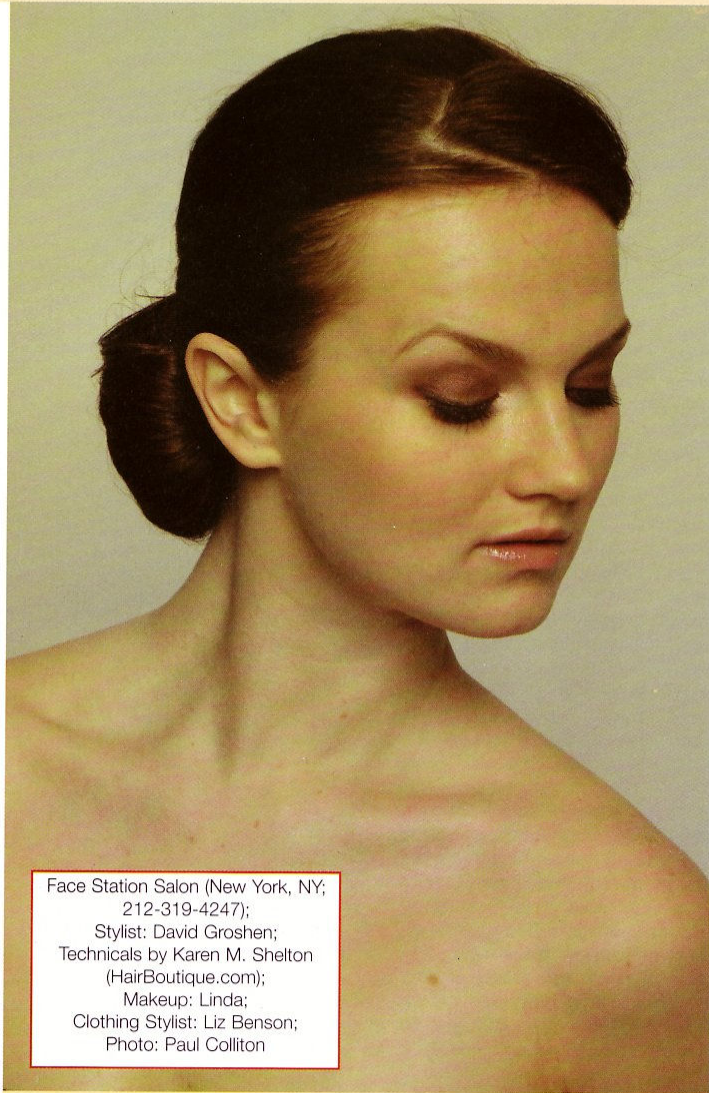
The Big Day. To diminish stress the experts at L'Image suggest in salon pampering on the day of the wedding. Going to the salon can put some peaceful time into this hectic day. A salon trip guarantees you enough time and attention to look and feel confident, especially if there will be a lot of well-wishers before the ceremony.



Stylist: James Burns;
Makeup: Tina Louden;
Photo: D. Mast

L'Image Spas are located at 520-24 Village on the Parkway in Dallas, 972/934-8080 and 385 Preston Park Village in Plano 972/964-7577. The third L'Image Salon is located at 47 1/2 Highland Park Village in Dallas, 214/526-6410. Visit L'Image at its website, www.limagesalons.com

FAN UPDO



Face Station Salon (New York, NY;
212-319-4247);
Stylist: David Groshen;
Technicals by Karen M. Shelton
(HairBoutique.com);
Makeup: Linda;
Clothing Stylist: Liz Benson;
Photo: Paul Colliton



This updo is elegant, beautifully fan shaped, and has a hint of Old World Spanish charm. This spectacular hairstyle combines a sleek crown with a neatly tucked side swept front and a tightly sculpted fan shaped chignon. Drama is added to the style with a V-shaped side part and a sultry looped strand.

This updo style works well with Natalie's very long, naturally wavy, thick locks. The look compliments her face shape, which is a classic oval shape with slightly squared jaw angles. Any tresses that are either naturally straight or pre-straightened can easily be fashioned into a similar style. The key to this chignon design is to have enough hair length and thickness to allow for the creation of the fan shaped roll that can easily be spread out along the base of the nape of the neck.



INSTRUCTIONS

1. Begin by making sure that the strands are flat ironed to remove any kinks, waves or curls.
2. Use a soft boar's head brush or similar natural bristle brush to make sure that all knots and tangles are completely removed from all strands.



3. Gather all of the hair into a tight, smooth ponytail that comes to rest at the base of the hair a few inches about the nape of the neck. Secure the ponytail with a "hair friendly" Blax, Bungee or other elastic band.



4. Using a hair pick or the tail of a rattail comb, separate out a strand of hair from the front section of the hairline near the forehead. Starting at the very tip of the hairline drag the pick or tail of the comb a few inches back towards the crown. Then cut across at a diagonal and inch back to the hairline. The result should be a carved out section of hair that measures approximately two inches in width and extends from a V-shaped part. Pin the newly created front section of hair out of the way temporarily.



5. Pick up a one-inch section of hair from the underneath side of the back ponytail and wrap the strand up and around the base of the pony. This will cover the elastic or Blax base of the ponytail. Pin securely into place.

6. Using your hands carefully separate the ponytail into two equal sections that are separated in the middle.



7. Pick up the left section and using a comb, form a big barrel shaped loop.



8. Pin the newly formed loop securely against the underside against the scalp. Adjust the loop so that it forms one half of the final fan shape. Make sure that the loop extends upwards on the side towards the crown on the side.

9. Pick up the remaining section and using a comb and fingers, form a big barrel shaped loop that is the same size and shape of the first curl created on the opposite side.

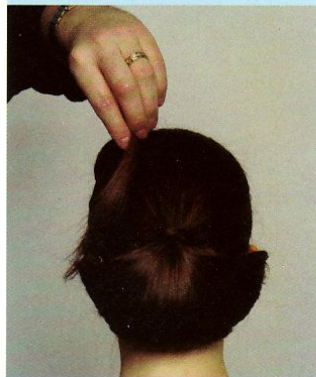
10. Pin the second loop securely against the underside against the scalp. Adjust the loop

so that it meets the first half of the fan shape in the middle.

11. Use fingers to carefully expand and extend the two loops so that they span from one side of the back of the head to the other while slightly curving up towards the crown on either side. There should be a round shaped opening at the end of both sides of the fan shaped chignon.

12. Pin securely with bobby pins or U-shaped pins in the same color as the hair. Be sure that the newly formed chignon bun is seamless on all sides.

13. Spray well with firm holding hairspray.



14. Finish the style by picking up the loose hair at the hairline. Smooth the hair with fingers and then drape the strand so that it extends from the hairline back towards the bun.

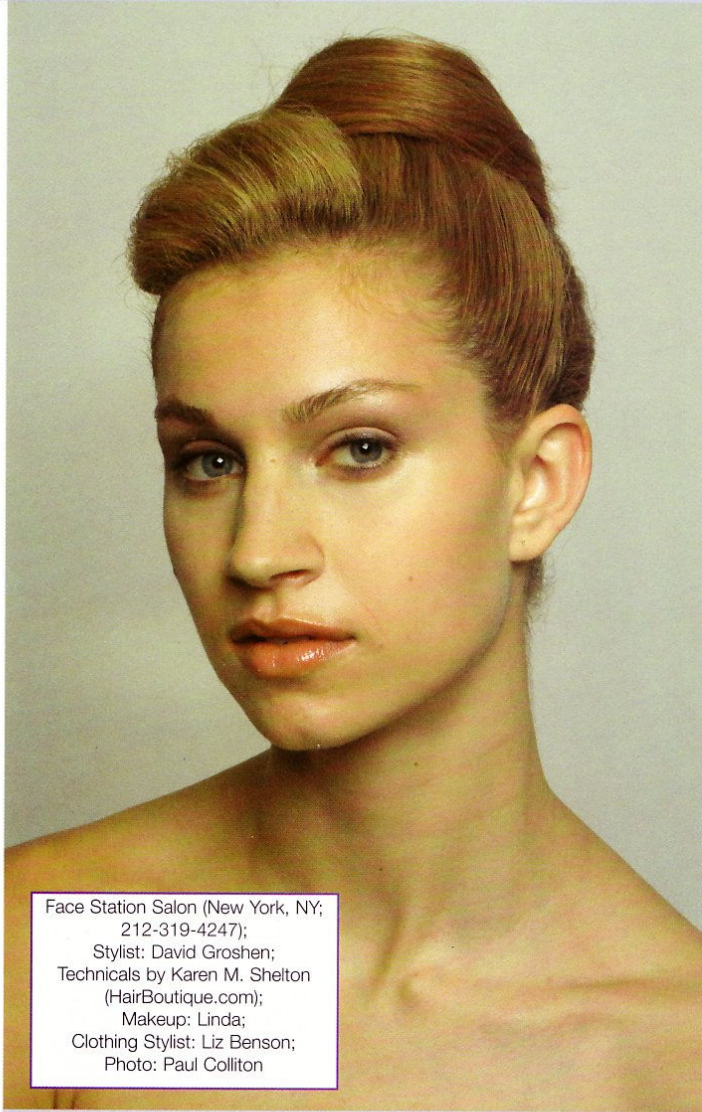
15. Sculpt the strand so that it forms a ribbon like section. Attach it to the scalp with bobby pins or U-shaped hairpins the same color as the hair.

16. Spray well with hairspray.



17. Cover the pins with a jeweled barrette, hairpin or other accessory.

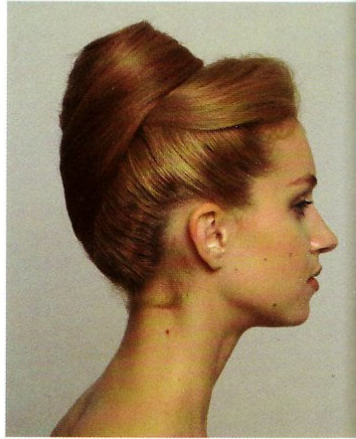
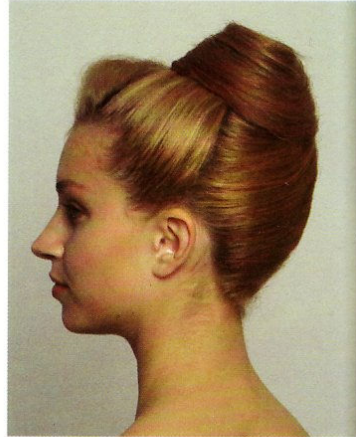
BEEHIVE UPDO



Face Station Salon (New York, NY;
212-319-4247);
Stylist: David Groshen;
Technicals by Karen M. Shelton
(HairBoutique.com);
Makeup: Linda;
Clothing Stylist: Liz Benson;
Photo: Paul Colliton

The Beehive hairdo has its roots in the beginning of the '60s. It was originally conceived and created by hairdresser Margaret Heldt who is known as the Beehive Queen. It is important to note that unlike the freeform Bouffant style that had a rounded top, the Beehive was specifically created to copy an actual hive with a hole near the top of the updo.

In order to create a spectacular 2004 version of the beehive updo on model Claire's bra-strap length hair, her strands were first washed, blow-dried straight and then flat ironed with a focus on creating volume at the roots. Spot backcombing was also performed to give the hair fullness and movement.





INSTRUCTIONS

1. Begin by using a soft boar's head brush or similar natural bristle brush to make sure that all knots and tangles are completely removed from all strands.

2. Start at the front of the hairline and using a smooth hair pick or long tail of a comb, create a side-swept part that extends halfway towards back of the crown. Separate the front fringe area from the rest of the crown area.

3. Create a vertical part that extends from in front of one ear across to the other. After you have created the new part you should have the front side-swept area and the back section of the hair.



4. Using your hands and a brush, direct the front part of the crown up into a ponytail that captures only half of the remaining back strands. Secure the newly created ponytail with a "hair friendly" Blax, Bungee or other elastic band.



5. Lift the tail of the new half pony straight up in the air and using a finger as a guide, twist the ponytail in clockwise direction forming a funnel shaped mini-twist that has a beehive style opening at the top.

6. Using your hands or a comb carefully smooth the new mini-funnel twist and secure firmly with bobby pins or U-shaped pins in the same color as the strands.

7. Spray well with a firm hold hairspray.

Note: The new mini-twist should sit at the top of the back of the crown area.

8. Create a part that extends down the middle of the back hair ultimately creating two separate sections of back hair.



9. Pick up the right side of the back section and pull it up in the air. Smooth the back section and then wrap it around the base of the new funnel bun.



10. Loop the hair neatly around the outside of the bun and pin securely with pins the same color as the strands.

11. Spray well with a firm hold hairspray.

12. Leave the remaining section of back hair loose and move to the loose side-swept fringe area.



13. Lift the fringe area straight up in the area and backcomb it. Hold the ends of the new section straight up and out from the scalp with one hand. With the other hand, run the comb down the length of the hair from the end towards the base of the scalp in short, sharp and uniform strokes.



14. Using fingers carefully smooth the teased front area off the forehead and back towards the twist area at the crown.

15. Tuck the ends of the teased front section into the base of the funnel bun. Pin securely and spray with hairspray.

Note: Ultimately the front hair should form a full sweep that rests along the top of the right side of the head as shown. Use the tail of a rattail comb to carefully adjust the base of the new sweep.

16. Comb or brush the remaining back section of hair to remove any tangles and to smooth.



17. Lift another section of back hair up and direct at a left angle towards the top beehive funnel bun shape at the top of the crown. Make sure that the section is perfectly smooth.

18. Securely and tightly wrap the ends of the back hair section around the base of the beehive bun section.

19. Carefully merge the back section of hair up and direct at a right angle around the top of the beehive section until you have the desired configuration.



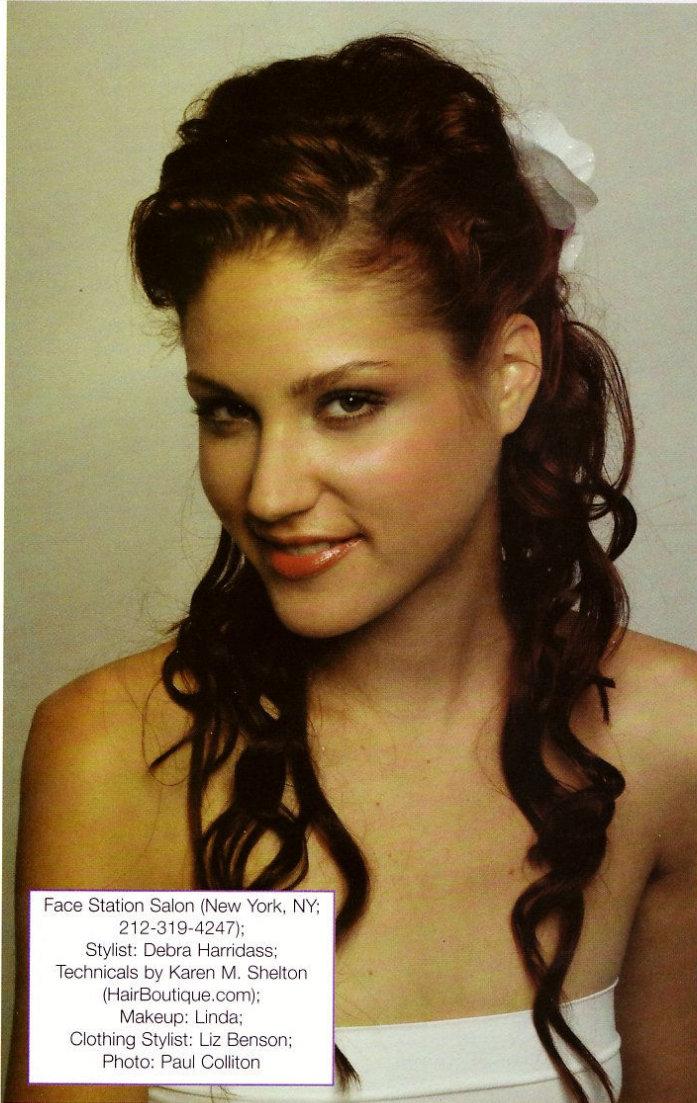
20. Pin securely into place using same colored bobby pins and U-shaped hairpins to hold the shape.

21. Use a firm hairspray to completely spray the entire style. Let the spray dry and then repeat as needed.

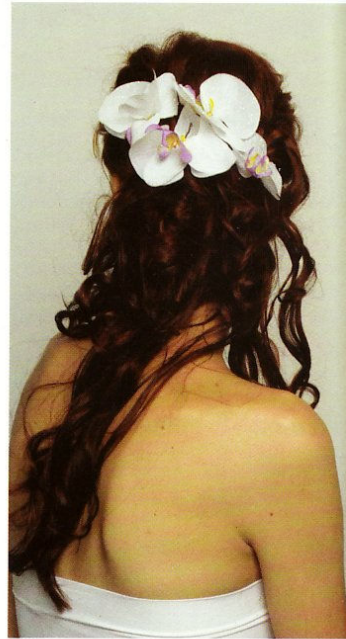
22. Remember that the key to this look is uniformity. If the beehive shape is not well balanced, unpin the last section and reposition the wrap.

23. Apply a drop or two of a shine serum to the palms of your hands and then lightly glide over the top of the style to add instant shimmer and shine. Spray well with hairspray.

CURLY GIRL



Face Station Salon (New York, NY;
212-319-4247);
Stylist: Debra Harridass;
Technicals by Karen M. Shelton
(HairBoutique.com);
Makeup: Linda;
Clothing Stylist: Liz Benson;
Photo: Paul Colliton



Gorgeous curls and undulating waves never really go out of style. Softly formed curls combined with long wispy tendrils, which were very hot in the late 60s, are sizzling hot for 2004. This ultra romantic style created on Nicole combines all the hottest dressy hair trends with carefully crafted curls, waves and sultry tendrils that whisper flirtatiously around the nape of the neck and the face.

Since she had long naturally wavy hair, with a hint of natural curl, it was decided to take advantage of hot hair trends and utilize Nicole's curl friendly texture for crafting a sultry, sassy ringlet infused half up/half down 'do. Creating a gorgeous cascade of sultry curls works best with hair textures that already have some natural wave or curl. Although hair that tends to be stick straight can also be fashioned into a curl infused style, it does take a lot more steps.



INSTRUCTIONS

1. Begin by using a soft boar's head brush or similar natural bristle brush to make sure that all knots and tangles are completely removed from all strands.



2. Starting at the front of the head Nicole's hair was divided into two inch strands and wrapped around two inch curlers that extended towards the nape of the neck. Keep in mind that for larger curls and waves use larger sections of hair and larger curlers.

3. Allow the curls to set by either sitting under a hood dryer or directing heat from a blow dryer with a concentration section.



4. Remove the curls one at a time. Using a bobby pin, secure each newly formed curl in place against the scalp to allow the shape of the new curl to harden.

5. Once all of the curlers have been removed and the new curls pinned into place, spray well with a firm hold spray.

Note: Avoid using a brush or comb as much as possible to arrange the new curls. Instead, use your fingers to arrange. If necessary use a hot curling iron to spot curl any sections that are not uniformly curled.



6. Using a pick or the tail of a rat comb, create a short side part that extends from the forehead halfway back to the crown area. The top section of hair should be swept up and arranged towards the right side of the head.

7. Lift the sections of hair on either side of the face and drape the sections back towards the middle of the back of the head.

8. Pull the ends of each side section together so that they meet in the middle of the back of the head. Be sure to position these ends so as to anchor and push up the top crown section of hair creating fullness and lift around the top of the style.



9. Pin the two sections together securely with bobby pins the same color as the hair.

10. Using your fingers, lift a curly section of hair from either side of the back and arrange so that a curly tendril of hair cascades down the front of Nicole's shoulders around her neck and face.



11. Attach a large flower or other large accessory on top of the pins holding the side hair sections together at the middle of the back.

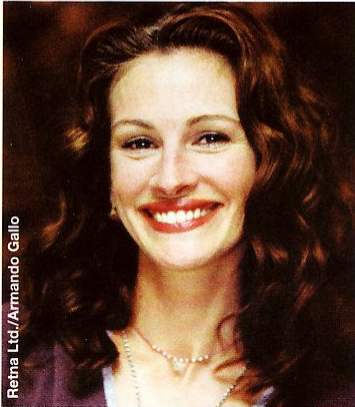
12. Use hands and fingers to arrange the rest of the curls so that they cascade in ringlets down the back.

13. Apply a drop or two of a shine serum to the palms of your hands and then lightly glide over the top of the style to add instant shimmer and shine.

14. Spray well with hairspray.

15. If you prefer, you can add a simple but elegant set of jeweled hairpins along the sides to help hold the ringlets in place.

BABY HAIR CARE



With twins on the way, see how Julia Roberts will ensure her babies have healthy tresses.

By Karen M. Shelton, www.hairboutique.com

It seems that nowadays, no matter where you look, Hollywood's hottest leading women are announcing their latest accomplishments—they're expecting! Last month we went behind-the-scenes with our favorite celebrity stylists to uncover the tricks that many stars use when it comes to pregnancy hair challenges. But what happens when you have the baby? How do you take care of their growing strands?

By next year, Julia Roberts is going to have a handful with her newly born twins—and not only will she have to make sure she pampers her own tresses, but her two little ones as well. Read on to find out what Julia will do to make sure her babies have a gorgeous head of hair—just like their mother!

Downy Hair Covering At Birth

Although some babies are born totally bald, most babies are born with a soft, downy head of hair. This newborn fuzz usually only lasts for the first three or four months after birth. The fuzzy newborn hair gradually falls out (for reasons that are generally unknown) and new hair grows in. The new hair is generally much fuller than newborn hair and tends to grow in a set pattern. Usually the hair that replaces the down is more along the lines of the texture and the eventual color that the child will eventually have, although not guaranteed.

Baby Hair Care: Slow, Easy & Gentle

The care of baby hair is relatively simple. Depending on how much hair they have, babies may only require shampooing on an "as needed basis" as their hair does not have to be washed every day. The key thing to remember when caring for the hair of a newborn is to be very gentle. Avoid putting pressure on the soft spot on top of the baby's head. Most babies and even some children up to the age of four or five are sensitive to any kind of pressure on their scalp.

When washing the hair and the scalp of a baby or young child, be sure to go very slow and easy. Make sure that there are no tangles in the hair before washing it.

Make sure that the hair is kept neatly trimmed to keep it out of the baby's or young child's eyes and ears, and to prevent any unnecessary tangling. You can either trim the baby's hair at home yourself, which most new parents do for the first year, or have a professional trim it.

Pros & Cons Of Baby Shampoos

A lot of baby doctors recommend the use of a special baby shampoo during the first years of an infant's life. A few brands to check out are Burt's



Retna/Sara De Boer

Bees, Origins and Bobbi Brown, which have specifically designed products for babies and young children. The product lines include low-lather combo shampoos and baby washes, talc-free powders, super enriched infant lotions and no-glop diaper balms.

Baby shampoos generally don't contain the sulfates that are used in most adult hair care products. However, one relatively unknown danger of traditional baby shampoo is the pH balance. While baby shampoos formulated specifically for babies are less prone to stinging if they get into the eyes, when they contain a high pH, they may cause unnecessary tangling of the baby's hair. Whether you use a special baby shampoo or some other type of mild shampoo, it is important that they contain a balanced pH that falls in the 4.5 to 6 range. Many shampoos will list the pH on the bottle, but if you are in doubt, you can use Nitrazine paper (available at any drugstore) to test the actual pH levels. Strong shampoos with a high pH (7.0 or over) are more likely to cause hair tangling in babies and younger children.

The Recline Method Of Shampooing Used By Pros

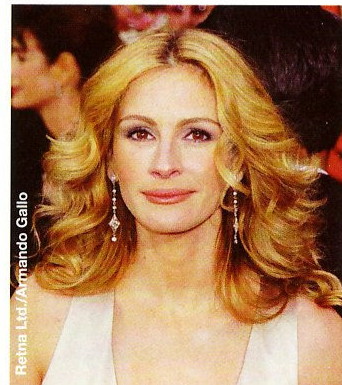
From infancy until the age of four to six, it is best to use the recline method of shampooing, which

guards against shampoo making its way into the baby or child's eyes. For a baby, it is usually best to wash their hair while giving them their baths. Just make sure to arrange the child or baby so that they are on their back with their head facing the ceiling and remember to use warm, not hot, water.

Beginning Of Hairstyle Preferences

Many a growing child will argue with their parents over how they want to wear their hair to school. At this stage of development the hair becomes a major identity factor. As children start to take an interest in their own hair and how they style it, it is important to encourage them to follow an entire regime of good hair hygiene practices. Show your child how to properly shampoo and rinse their own hair, and teach them about towel-blotting, detangling, combing and brushing their hair.

It is always a good idea to consider purchasing some "hair friendly" clips without sharp claws and hair ties to help a child keep their hair off their face. Giving your child high quality combs and brushes and teaching them the proper way to care for their hair can instill good grooming habits that will come in handy in their years to come.



Retna Ltd./Armando Gallo

Banish Blow-drying Boredom

By Karen Marie Shelton, www.hairboutique.com

Recently I was extremely bored while blow-drying and came up with a list of 10 cool things a multi-tasking maniac like me could perform while yielding the dryer.

1. Crank up the tunes. A lot of consumer-focused blow dryers have the quiet tone motors these days which makes listening to your favorite rock divas a snap. Although I only blow-dry once or twice a month, I always have a stack of my favorite CDs ready to ease the monotony.

2. Let your toenails dry. This is an ongoing problem for my fidgety feet. After a fabulous pedicure I always want to hop right up and pop on my boots, messing up my pedicure in the process. I realized that if I painted my tootsies and fired up the blow dryer, by the time I was done my toes would be perfectly dry and look fabulous.

3. Flip through hair, beauty and fashion magazines. This works great if you're bent over at the waist. Even better, if your nails are dry, you can turn the pages with your toes, like Jessica Simpson. I admit it takes a little practice to get the hang of using your feet as hand replacements but it works great once you practice. And who knows, while you're flipping a new hairstyle inspiration might strike like a thunderbolt.

4. Stretch and exercise. Unless you actually blow-dry your tresses with your toes, you can sneak in a few stretches, lunges and other stationary exercises while you move the hot air around your head. It gives me added pleasure to tone my backside while I am conquering my waves.

5. Mentally plan your day. Position a notepad or your day planner near your drying station and let your mind race ahead to plan your day. Or practice your planned speech to ask your boss for a raise, get your sweetie to take you to lunch or deal with a pesky co-worker.

Even grocery shopping lists turn out better for me when I am trying to multi-task over the sink. Heck, I even remember obscure items that I keep forgetting to add to my ongoing list. Maybe it is all that blood rushing to my head or maybe I've just found the perfect time to get focused.

6. Watch TV. If watching the news or the morning shows is too distracting while you brush and blow, consider popping on the weather channel which simply displays maps. This provides entertainment value while helping you plan whether to use extra Phytodefrisant Balm for a muggy day or load up on hairspray. You can even decide whether to put the top up or down on your beloved convertible.

7. Eat. Okay, so maybe chowing down while one hand is holding a blow dryer can be a little tricky but if you are creative, all things are possible. I have found that drinking orange juice and eating dry toast with one hand and drying with the other, can work just fine. But definitely skip the jam and jelly toppings since Murphy's Law of Toast Toppings means that the stickiest parts will wind up in your newly shampooed tresses.



8. Practice positive self-talk. What better time to tell yourself that you have gorgeous hair, a fabulous body and a beautiful smile than while manipulating a brush and dryer? Repeat at least 100 times out loud...I have beautiful hair, I have a gorgeous smile, I love my hair...

9. Organize your medicine cabinet. Depending on what stage of the blow-drying process I have hit, I may have a free hand to dig through the medicine cabinet. After all, it is right next to my head and it's disheveled contents are always begging for my attention. I have managed to accomplish mini search and destroy missions eliminating dated makeup, lotions and empty aspirin bottles while drying my hair at the same time.

10. Listen to voice mail messages. This option definitely depends on your ability to hear well over the roar of the dryer's motor. If you have a quiet dryer, you may be able to punch up the speakerphone to get better acoustics. Then listen to your messages, saving those that you need to respond to and deleting the solicitation calls offering you new phone cards, banking services or dog walking deals.