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Uma

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Be Your Own Master Stylist!

How you can make great hair happen at home!

Behind The Chair With Laurent D.

Secrets of a celebrity stylist and his favorite stories about Uma, Sharon, Teri...

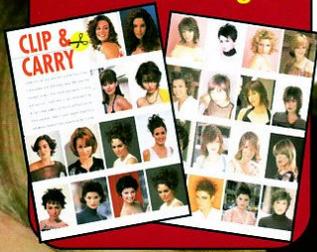
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Reese Witherspoon's
Secrets for Sexy Hair

SALON DIRECTORY

The hottest salons and spas from coast to coast.

by Marketing Solutions

HairBoutique's Salon of the Month HAIR BY GIA

13615 Inwood Road, #160
Dallas, TX 75244
Tel: 972-679-6903

Gia is guaranteed to impress anyone with her exquisite updos and tasteful styling. Brides flock to Gia for all their wedding services, and are sure to book months in advance to reserve their appointments. She has rapidly become known as the "Updo Queen" by her peers.

"Never in my life have I seen a stylist so ambitious at such a young age," says Jamie Brookes, a dedicated client of Gia's. "The fact that Gia works seven days a week is strong evidence of her dedication to her work. She has the talent, the creative insight, and the business attitude that makes any ordinary hairdresser a great stylist. And she is only 20-years-old! Gia is truly an amazing stylist, and a great person to be around."

CALIFORNIA

Ciana Salon Spa

107 & 111 Main Street
Los Altos, CA 94022
Tel: 650-941-1285

WEB: www.cianasalonspa.com
Ciana Salon Spa offers you complete haircare, skincare, spa and makeup services. They also offer special discounted pricing on haircuts, haircolor and other haircare services provided by their New Talent Professionals. Haircuts and styles start at \$60, perms start at \$150 and foil highlights start at \$85.

FLORIDA

Changing Room Hairdressers

18450 West Dixie Highway
North Miami Beach, FL 33160
Tel: 305-932-4747

WEB: www.changingroomsalons.com

This salon team pays attention to quality services and products to delight you with the finest beautycare available today. Haircuts and styles start at \$30 to \$60, haircolor starts at \$44, texture waves and perms start at \$70, haircolor highlights start at \$115 and manicures start at \$15.

Goddess Of The Sun Salon

3450 Bayside Lakes Boulevard
Suite 109
Palm Bay, FL 32909
Tel: 321-723-9588

Goddess of the Sun is most famous for their unique and upscale atmosphere, provided with high quality hair, skin and spa services. Haircuts and styles start at \$38, hair

Attention

101 Hairstyles Readers...

Get Your Salon/Stylist Featured

Recommend your favorite salon and stylist to be featured in our Salon Directory. Just send the salon info and why you are a devoted fan to cheryl@mmimags.com or Cheryl Schwartz, 101 Hairstyles Salon Directory, 1359 Broadway, Suite 1203, NY, NY 10018—and you and your salon will be featured in an upcoming issue!

lights start at \$85, hair straightening starts at \$70 and manicures start at \$18.

Sanctuary BarberSpa

120 South Dixie
Highway
Suite 105

West Palm Beach, FL 33401
Tel: 561-721-9648

WEB: www.asanctuary.com

Besides servicing women, this new salon and spa concept is also perfect for the distinguished gentlemen in your life. Women's haircuts and styles start at \$45, men's hot shaves start at \$20, perms start at \$95, foil highlights start at \$110 and haircolor starts at \$55.

High Tech Hair Salon

154 Almeria Avenue
Coral Gables, FL 33134
Tel: 305-448-2909

High Tech is a full service salon with creative haircuts, progressive haircolor, nailcare artistry, facials and many other total beauty services to make you look and feel better! Haircuts and styles start at \$60, highlights start at \$95 and manicures start at \$10.

Kimane Salon and Spa

1227 South Federal Highway
Pompano Beach, FL 33062
Tel: 954-788-8022

WEB: www.KimaneSpa.com

Here you can experience wonderful multi-dimensional haircolor, highlights, lowlights, facials, massage and hair removal services. Haircuts and styles start at \$35, perms start at \$80, high-

Salon and Spa Botanica

141 South Barfield Drive
Marco Island, FL 34145
Tel: 239-394-6633

WEB: www.salonbotanica.com

Their artistic team is well trained in the latest cutting-edge and creative haircolor techniques. Haircuts and styles start at \$40, texture waves and perms start at \$65, highlights start at \$95, haircolor starts at \$95 and manicures start at \$20.

GEORGIA

Damon's Hair Design Team

1785 Highway 42 North
McDonough, GA 30253
Tel: 678-432-3130

WEB:

www.DamonsDesignTeam.com

Damon's offers dynamic haircuts and styles, creative haircolor and highlights, corrective haircolor and airbrush makeup. Haircuts and styles start at \$35, perms start at \$65, highlights and lowlights start at \$65, hair straightening starts at \$100 and airbrush makeup starts at \$40 per application.



Erik of Norway (Milwaukee, WI); Stylist: Scott Yance; Color: Paul Wiggins



Noelle Spa for Beauty & Wellness (Stanford, CT); Stylist: Jason Decaprio



Excellence Hair (Weisbaden, Germany); Stylist: Knoll David

élon Salon ~ Hair Colour Specialists

695 Piedmont Road
Marietta, GA 30066
Tel: 770-427-8698

WEB: www.elonsalon.com

At élon Salon, they take great pride in the way they treat each of their clients, while providing the very best in professional beauty services and haircolor artistry. Haircuts and styles start at \$30, highlights start at \$90 and balayage starts at \$90.

Bob Steele Salon

4994 Lower Roswell Road
Suite 30
Marietta, GA 30068

Tel: 404-262-9499

WEB: www.bobsteele.com

Their mission remains to provide quality, professional services to their guests while maintaining a place where their staff and you can grow. Haircuts and styles start at \$70, perms start at \$95, highlights start at \$130 and manicures start at \$20.

INDIANA

David and Mary Day Spa Salon

1540 East 86th Street
Indianapolis, IN 46240
Tel: 317-844-6662

WEB: www.davidandmary.com

David and Mary embraces change and offers the latest up-to-the-minute services and products with an uncompromising dedication to make a difference for you. They offer facials, massage and total beauty packages. Haircuts and styles start at \$38, highlights start at \$85 and color starts at \$75.

KANSAS

Jabez Salon and Day Spa

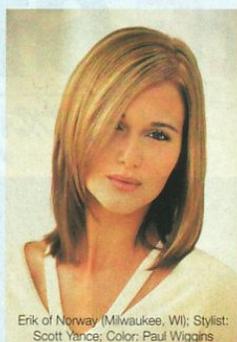
322 Santa Fe
Leavenworth, KS 66048
Tel: 913-682-6662

WEB: www.jabезsalonspa.com

Jabez Salon is extremely progressive and they can help you



Identity Salon (Cincinnati, OH) Stylist: O'Leary, C. KASS



Erik of Norway (Milwaukee, WI) Stylist: Scott Yancey; Color: Paul Wiggins



Stan Milton Salon (Atlanta, GA) Stylist: Stan Milton

meet any haircare, skincare or spa need. They offer haircuts, haircolor, hair straightening, perms, massage, facials, hair removal and nailcare. Women's haircuts and styles start at \$31, perms start at \$74, highlights start at \$86.

MARYLAND

Renaissance Salons and Spas

11331 York Road
Hunt Valley, MD 21030
Tel: 410-527-1175

WEB: www.RenDaySpa.com

Renaissance Salons and Spas consistently offer you a total beauty experience with some of the most phenomenal hair, color, skin, nail and spa experts in Maryland; visit their other locations in Frederick and Bel Air. Haircuts and styles start at \$35, perms start at \$75 and highlights start at \$80.

Shear Anointing Hair Salon

1008 Ingleside Avenue
Catonsville, MD 21228
Tel: 410-747-8020

They specialize in a little bit of everything at this multicultural salon with terrific haircuts, unique haircolor, updos, formal hair designs and hair weaving. Haircuts and styles start at \$25, relaxers start at \$60, waves start at \$75 and their ISH Conditioning Treatments start at \$40.

Studio 921 Salon and Day Spa

921 East Fort Avenue

Baltimore, MD 21230

Tel: 410-783-7727

WEB: www.Studio921Spa.com

Studio 921's hair designers are especially creative with haircuts and styles that range from classic and contemporary to trendsetting. They offer luxurious facials, massage and body treatments. Haircuts and styles start at \$45, highlights start at \$100, facials start at \$75 and manicures start at \$20.

PENNSYLVANIA

Michalene's Day Spa Salon

491 East State Street
Sharon, PA 16146
Tel: 724-981-9220

This salon is known for their truly contemporary haircutting, haircolor and corrective haircolor skills. Haircuts and styles start at \$40, texture waves and perms start at \$50, highlights start at \$85 and manicures start at \$20.

Salon Norman Dee

1619 Grant Avenue
Philadelphia, PA 19115
Tel: 215-676-0554

WEB: www.salonnormandee.com

This is a full service salon that specializes in contemporary haircolor! Haircuts and styles start at \$49, highlights start at \$90 and manicures start at \$15.

TENNESSEE

Master Design Salon

4515 Poplar Avenue #108
Memphis, TN 38717
Tel: 901-685-2351

WEB: www.MasterDesign-spa.com

Master Design Salon is known for their fabulous haircolor and their high quality of client service. Haircuts and styles start at \$60, perms start at \$105, highlights start at \$100, color starts at \$150 and manicures start at \$20.

VIRGINIA

Chrome ~ A Statements Salon

Tackett's Mill Plaza
2253-E Old Bridge Road
Woodbridge, VA 22192
Tel: 703-490-9701

WEB: www.Chrome.bz

If you want to experience cutting edge haircuts, fashion forward hairstyles and creative haircolor artistry—Chrome is for you. Haircuts and styles start at \$15, designer perms and body waves start at \$30, highlights start at \$25 and facials start at \$70.

Reflections Of You Salon and Spa

11213-L Lee Highway
Fairfax, VA 22030
Tel: 703-591-5306

WEB: www.Reflections-Of-U.com

Reflections Of You offers wonderfully creative haircuts, innovative haircolor, highlights, haircolor corrections services and a number of invigorating massage therapies. Haircuts and Styles start at \$55, perms start at \$80, highlights start at \$110 and manicures start at \$15.

Reese Witherspoon

Walks the Line in Style

By Karen Marie Shelton
HairBoutique.com

Famous for her classic face framing hairstyles, Reese Witherspoon has been letting her signature chin-length bouncy bob grow down to the tops of her shoulders. Gone are last year's edgy layers and tapered edges. Reese has transitioned into a softer, more elegant, longer style that befits her maturity.

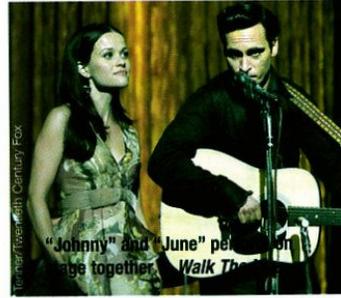
Although Reese generally follows the "blondes have more fun" rule, she is not adverse to adopting other colors and styles to honor the portrayal of any of her famous screen characters. She had her trademark blonde locks dyed brunette for her role as June Carter Cash in the Cash biopic *Walk The Line*, which was released in November. The film is already generating Oscar buzz for both Reese and Joaquin Phoenix, who starred as famous musician Johnny Cash.



Reese with husband Ryan Phillippe

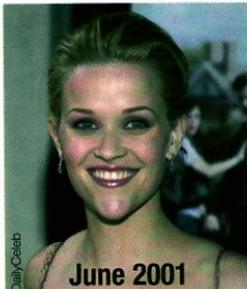


Joaquin Phoenix and Reese Witherspoon portray Johnny Cash and June Carter in *Walk The Line*



"Johnny" and "June" perform together in *Walk The Line*

A History of Style



June 2001



March 2002



August 2004



December 2004

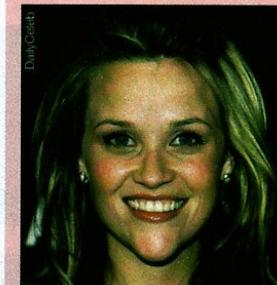
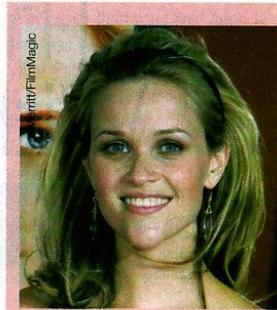
Reese Walks The Line

For the past several months, the 29-year-old Reese has been very active on red carpets across the country to honor Johnny Cash, for the premiere of her comedy *Just Like Heaven* and to support the Children's Defense Fund. The gorgeous superstar wore her shiny blonde tresses in soft but finished shoulder-skimming styles that had just the hint of soft waves that cascaded into very slight curled ends. Her hair was a perfect complement for her array of elegant gowns and little black dresses.

Steal Reese's Style

Although Reese had access to a team of top hairdressers for her array of perfectly finished styles, with a little time and practice it would be possible to steal her styles. Follow the steps listed below to recreate Reese's basic shoulder-skimming style:

1. Start by selecting a shampoo with a color safe formula to preserve any gorgeous blonde highlights or hues like Reese's current golden shade. Otherwise, select a shampoo that works with your current texture, type and condition of hair.
2. Apply a rinse out conditioner that works for your hair's normal texture, type and condition. Consider trying a color coordinated mask to intensify your existing color.
3. Finish with a cool/cold rinse to close the cuticle and help add natural shine.
4. Towel-blot (never rub) to remove excess water.
5. Coat damp strands with a customized styling product cocktail containing styling tools such as a defrisant, volume building mousse, gel or other styling products that work best with your hair texture and type.
6. Blow-dry using a large round boar's bristle brush for strong, lasting support. Direct the air flow down from the roots towards the ends to build in shine and smooth strands.
7. Use fingers to lightly scrunch near the roots for desired volume and lift.
8. Use round brush to lightly roll the ends of the hair under.
9. Finish blow-drying with blast of cold air, if possible, which sets the style.
10. When hair is 100% dry, separate hair into individual two-inch sections and set on medium-sized hot rollers—or curl with a medium-sized curling iron to add movement to the strands.
 - If curling with a curling iron, after working with each section, roll the newly formed curl with your fingers up towards your scalp and pin into place to allow the curl to cool completely. Work around the entire head until all sections have been curled and pinned to the scalp. Spritz lightly with a soft hold hairspray.
 - If curling with hot rollers, let the curlers completely cool before removing. Once all the rollers have been released, let new curls dangle free before styling. Spritz lightly with a soft hold hairspray.
11. Use a tail comb or brush to create the desired part.
12. Use your fingers and/or a boar's head brush to lightly break up the curls and arrange into a soft, finished halo of bouncy waves that cascade down into a slight curl at the tips.
13. If desired use a small curling iron to touch up the curls on the ends. Let the curls cool and then tousle lightly with fingers.
14. Apply a small drop of shine serum and lightly brush over the top of the finished style. If you prefer, use a shine spray product, spray into the palms of your hands and then glide over finished style. Finish the look with a long lasting hairspray for a silky shine effect.



Heavenly Style

One thing is certain, Reese is wonderfully adept at utilizing a little drama to jazz up her simple but elegant hairstyles.

Reese has a classic heart-shaped face with a very prominent pointy chin. She looks best in styles that have chin-length or longer sides that are softly layered to provide sexy fullness as well as highlight her beautiful eyes and facial features.

Although Reese often wears her brilliant blonde style in side-swept brow brushing bangs, she sometimes mixes it up and wears her hair pulled completely off her face or parted down the middle. Although not known for wearing lots of hair accessories, recently she has been seen in small but elegant headbands and tiny jeweled bobby pins.



Jennifer Love Hewitt

Gorgeous Ghostly Waves By Karen Marie Shelton • HairBoutique.com
Photos by Robert Voets/CBS



Jennifer Love Hewitt was born in Waco, Texas on February 21, 1979. Her life motto is "follow your heart" which she does with sincerity, kindness and true unconditional love. She's the girl you wished lived next door, with a fun-loving attitude that attracts many to her charm. "I like throwing my hair in a ponytail and just wearing jeans, going on a hike and then eating a big chili-cheeseburger," she laughs. Such a down-to-earth attitude for a star whose career continues to soar to new heights.

Although she has been acting, performing, singing and producing since she was nine-years-old, Jennifer finds time to collect angels, treasure her friends and never take anything special for granted. She is well-known for her role of Sarah Reeves on Fox TV's *Party of Five* and spin-off *Time Of Your Life*. Her films include *I Know What You Did Last Summer*, *Sister Act 2* and *The Tuxedo* with Jackie Chan, to name a few.

Following Her Passion

Is it any surprise that Jennifer agreed to star in the new CBS drama *Ghost Whisperer*? It shouldn't be since the gorgeous brunette star has confessed to the media that this series "drew out my passion."

It is also based on the real life of Mary Ann Winkowski, who worked with the actress to guide two ghosts hanging around her 1927 house into the light. Jennifer believes that the show is based upon "a fascinating concept," and she is happy that the CBS drama is designed to inspire people to live their lives so that nothing is unfinished or taken for granted.

Although she seems too good to be true, she is "a real sweetheart" according to her longtime celebrity hairdresser, Robert Hallowell who fondly calls the star "JLo#2." Others in movieland simply call her Love, for her middle name.

Jennifer's Tress Secrets

Robert has confirmed that Jennifer has finely textured tresses, and she has "lots and lots of hair." Even better, Robert confirmed that Jennifer has the "kind of hair you can do lots with".

For her turn as ghost buster Melinda Gordon, Jennifer's long, below-the-shoulders, lush chocolate-brown locks were coiffed in an array of mixed textures. Ironically,

Robert confirmed that Jennifer has "mostly straight strands although they do have a slight bend."

In a few of the scenes her beautiful face and eyes are framed with side-swept soft bangs that play up her eyes but blend beautifully into the cascading waves. In other scenes she wears her hair with lots of volume at the roots that softly end in curls.

Steal Jennifer's Wavy Style

Jennifer's wavy style works best if hair is straight, has a very loose curl or natural wave. To recreate her look on straight tresses follow these steps graciously provided by Robert:

1. Shampoo and condition with products designed for your type, texture, condition and length of hair. Robert confirmed that Jennifer loves his Robert Hallowell Prawduct Shine Booster Shampoo and Shine Booster Conditioner (Currently available at HairBoutique.com).
2. Finish with a cool/cold rinse to crank up shine and close the cuticle.
3. Towel-blot to remove excess moisture.
4. Apply an egg-sized puff of gel, mousse, styling cream or similar styling product through damp

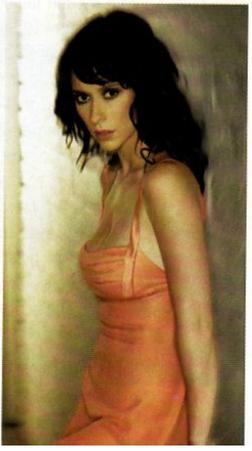
strands. Because she like lots of volume for her strands, Jennifer loves Robert's Prawduct Super Volumizing Tonic. For adding texture to her hair, she prefers his Rawhold Gel and his Dream Cream. The Volumizing Tonic can be applied to the roots and the Rawhold Gel and/or Dream Cream can be distributed through the rest of the strands.

5. Attach a finger diffuser and blow-dry individual sections by resting the strands in the diffuser cup to bring out natural bend and waves.
6. When hair is 100% dry, separate into one- to two-sections and use a medium-sized curling iron on each one-inch section. Roll hair around the outside of the curling iron instead of using the clip.
7. Hold the iron in place eight to 10 sections. Remove the iron and use finger to roll the new curl up against the scalp; pin with a bobby pin. Let the curl cool while working around the head repeating these steps.
8. When hair is completely cool, spritz with Rawhold Hairspray which Robert has used on Jennifer Love.
9. Unpin each curl and gently rake with fingers. Arrange waves in

desired pattern. Robert suggested that a boar's bristle brush or similar can be used very lightly to even out the style.

10. Finish with a spritz of Robert's Love That Shine Spray.

Ghost Whisperer is a big commitment of time and energy for the 26-year-old actress. She was drawn to the series because it stirred her passion and was a fascinating concept that she believed offered a positive message to the troubled world we all live in. So how can the series be anything but wildly successful with that kind of heartfelt connection? Catch Jennifer on *Ghost Whisperer* Fridays at 8 p.m. EST on CBS.



101 Exclusive!

Behind The Chair With Laurent D.

The secrets of a celebrity hairstylist *and* his favorite stories about Uma, Sharon, Teri, Téa...

by Karen Marie Shelton, HairBoutique.com



Brooke Burke gets beautified by Laurent



Laurent D. and David Carvet

When the hair gods decided to bestow on me the good fortune of interviewing celebrity hairdresser, Laurent Dufourg, known by his many celebrity clients as Laurent D., I was beyond psyched. I've been following the grand master's celebrity styles for many years with great admiration. Laurent is the man who is famous for taking blonde goddess Gwyneth Paltrow from long to pixie short and for weaving a dizzying array of sizzling new looks for the likes of Téa Leoni, Teri Hatcher, Sharon Stone, Uma Thurman, Johnny Depp, the Hilton Sisters, Kim Raver and scores of other "names."

One of the world's most famous hairdressers, Laurent is full of warmth, charm and kindness. Punctuating many of his statements with "darling," I felt completely at ease with this famous hair icon. Laurent keeps his work in

proper perspective and proclaims in his melodic French accented voice that, "it's all about his clients, no matter who they are, and not about him." Whether Laurent is clipping the locks of a harried hausfrau that saved for one year for the privilege of sitting in his chair or the latest "It" girl, this Sultan of Snip puts total focus on the person blessed with his appointment.

If anything, Laurent understands that the hausfrau needs him more than his celebrity protégées like Sharon, Paris and Uma "who always look amazing, no matter what." For him, it is pure joy to "turn a woman that struggles daily to look good, into a person who leaves his chair feeling totally beautiful."

Laurent's

Privé

Product

Line



The Beautiful Brigitte Bardot

By the time he was 20, Laurent was dispatched from Paris to the South of France to work with his first "celebrity" who just happened to be blonde bombshell Brigitte Bardot. Laurent confessed to being "very excited" and a "little in awe" of the famous movie star, who arrived with a complete entourage. Laurent set the famous blonde's hair on "lots of big rollers." He didn't "tease her hair" which was popular at the time, but instead "styled her strands by brushing them into a soft, shiny, sexy look" that the actress "really liked and looked amazing."

Shortly after his encounter with Ms. Bardot, the entrepreneurial hair wizard made his way to Costa del Sol on the Spanish Riviera, where he proceeded to open two salons which immediately became popular with the rich and famous jet-setters that vacationed in the gorgeous coastal area.

Juggling Celebrity Heads

So how does a man with a stable of today's best and brightest celebrity followers juggle them during the busy award's season, when stars often want to all be ready "at the same

time?" It's quite simple, as Laurent explained "whoever books first wins." Yes, even those unknown starlets-on-the-rise that want eye-popping shimmering tresses for that first red carpet stroll can sneak to the front of



Sharon Stone's short and sexy style



One of Laurent's biggest fans, Nicole Richie



Melrose Place, CW, L-R: Josie Bissett, Thomas Calabro, Andrew Shue, Courtnie Thorne-Smith, Amy Locane, Grant Show, Doug Savant and Vanessa Williams.

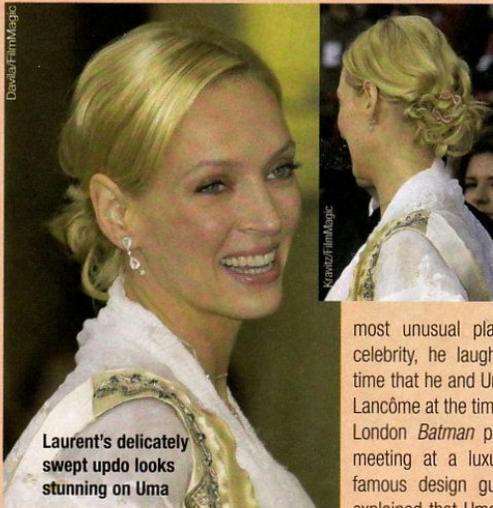
Shannen Doherty & The Melrose Place Cast

After enjoying a beautiful and successful life working in his salon in the Spanish resort town, where he met his lovely and multi-talented "wonder woman" wife Fabienne, Laurent was invited to visit a business partner who had just moved to Los Angeles. Always the adventurer, Laurent popped in for what he thought would be "a brief stay." Instead, he discovered "a fabulous new world of hair opportunities" and decided to embark on a grand adventure. In 1979 Laurent settled in Los Angeles where he partnered with another big name hairdresser and focused on creating hairstyles in the expanding movie industry.

The strand maestro's first celebrity client in LA "was Shannen Doherty," who was starring in the TV hit series *90210*. Shannen, who is still his client to this day, provided referrals that resulted in him eventually becoming the "head hairdresser for the entire cast of *Melrose Place*." The notable coiffure designer reminisced about collaborating with "Melrose alums such as Josie Bissett and Lisa Rinna," to name just a few of the star studded cast.

Laurent's famous line by being the early bird that snares the hairdresser's undivided time and magnificent attention.

As he pointed out, "the history of his work for every award show season will play out over and over again in the media as celebrity red carpet retrospectives are rolled." In some cases, his work adorning the heads of major stars like his Gwyneth or Sharon are replayed



Laurent's delicately swept updo looks stunning on Uma

Uma & The Coat Check Closet

Working with celebrities whose lives are often unpredictable, madcap and somewhat chaotic, Laurent is used to being spontaneous with his clients. When asked to share one of the

most unusual places he has coiffed a celebrity, he laughed and mentioned the time that he and Uma, who was the face of Lancôme at the time, were rushing from the London *Batman* premiere to a late night meeting at a luxurious hotel with world famous design guru, Tom Ford. Laurent explained that Uma's hair was in an updo,

but needed a different look for meeting with the famed designer.

Not having anywhere else to go, Laurent and Uma snuck into the coat checkroom of the exotic hotel where they both "plopped down on the floor to work on Uma's tresses." He laughed and said because it was "so last minute and time was of the essence" he had "neglected to bring any of his styling tools with him." Being resourceful, he "scrounged around and luckily happened upon a hair brush" he "borrowed" to quickly smooth out Uma's original updo into a sizzling style for her very important meeting. He described how he "quickly popped out all the pins and brushed her strands into a brand new look in mere minutes." Once he was finished, he returned the brush to where he had "discovered" it and Uma looked absolutely breathtaking.

Suffice it to say that the owner of the brush might be shocked to discover that a world famous hairdresser used the brush on a superstar for a meet and greet with a Gucci legend.

in the press for many years, thus it is his utmost concern that "the very last thing that happens before his famous clients gingerly climb into their limos is to make sure that every single strand is in perfect placement." He pointed out that "over the years he has created at least six major new looks for Uma" which are constantly referenced by celebrity watchers.

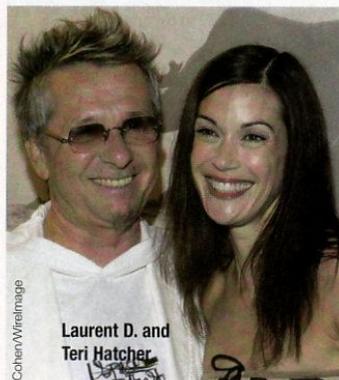
Fear Factors

There are many secrets to Laurent's spectac-

ular success and eternal popularity. One of his expressed concerns is having one of his clients on the "worst coiffed" lists of Joan and Melissa Rivers or other talking carpet heads. Of course even the very best hair plans can go awry but Laurent believes "the red carpet is not the place" to make a major departure from a celebrity's "customary hairstyle." Those celebrities that are sashaying down those various runways "work hard all year to look beautiful" so they "have to look their very best."



Nicky Hilton and Laurent D.



Laurent D. and Teri Hatcher



Curly Girl Debra Messing

While Laurent often vacations with many of his famous clientele, he also will travel with them for major appearances that might take place outside of his LA or New York home bases. He mentioned that he had "flown with Debra Messing" to Chicago for her appearance on *Oprah* so that he could personally coil her famous ringlets. And while he loves working with Debra, he really enjoys traveling with her, recently joining her again to style her locks for the Fall TV season parties and media events.

Debra is the poster child for the ultimate in curls, so we had to ask if her tresses pose any challenges. Of course not. Laurent "loves to cut naturally curly hair when it is bone dry." For him, curly hair is not any specific "technique" or "special cutting method." After all, Laurent believes that every person has a very "unique pattern of curls" that requires his "free style cutting method." Depending on the way that the curls lay and grow, Laurent may cut "more on one side than the other." Bottom line, the hair maestro gets up close and personal with the curls and applies his unique cutting method appropriately.

Laurent is a big fan of using curling irons in two or three different sizes to create a unique, curly look. When creating long lasting curls, he starts with Privé Root Amplifier on newly washed strands. He dries with a blow dryer and brush and then curls individual sections with his curling irons. After he creates each new ringlet, he wraps them around his finger to form and then pins to the scalp to cool. After all the curls are cool, he carefully removes them and sprays with Privé Hairspray. He uses his fingers to tousle for a soft, seductive, touchable look.

So what if one of his famous clients wants him to do something totally crazy that might risk that dreaded "what did they do to their hair" shocked comment from Joan? He pauses, "of course the client should always look amazing—but I would do my best to talk everything through with them to make sure that any hairstyle they wanted to wear would not cause them any type of media regrets or embarrassment."

Why, you might ask, would any hairdresser coil their stars in anything even remotely risky? "There are a lot of great hairdressers out there, but some want to make a name for

themselves by creating red carpet buzz for their hairstyles." What better place to garner instant awareness than when a celebrity strolls by in new hairstyle. Unfortunately, while the rewards can be great, the flops can be just as deadly. Laurent understands that the hair designs that he creates "are not about him or advertising his skills, but about showcasing the stars."

Secrets For Today's Woman

For the millions of Americans that can't hop a jet to New York or Los Angeles to consult with the hair maestro, what advice would he give them about their strands? Quite simply, he said "always get the very best haircut you can afford from the best hairdresser in town, since that is the basic foundation." Secondly, "use the very best products that your budget can support, because the difference between hair that looks okay and hair that looks great is the products that are used." To look great, he continued, "doesn't mean you have to only go to celebrity hairdressers or spend a huge fortune." There are lots of very talented hairdressers out there. All it takes is spending the time to find one in your area that will do a great job for you and your hair.



Kim Raver shows off Laurent's magical touch

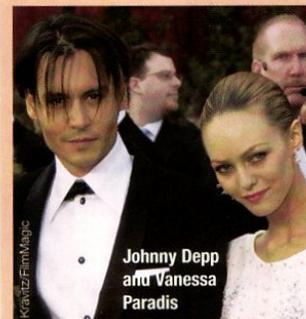
Laurent's Signature Hairstyles

So what exactly is Laurent's signature style? "Sexy, soft hair." He loves to "create cuts and styles that have matured perfectly" to the point where the style looks "almost ready for another haircut." You know, those two or three weeks when your hair is just fabulous! While he likes "edgy and very rock and roll," he believes that sexy and soft need to be part of the equation. "Shiny, seductive and pretty" are also words that Laurent resonates with.

He is also a fan of "bangs" when appropriate. They soften and can be very sexy when worn as a seductive veil.

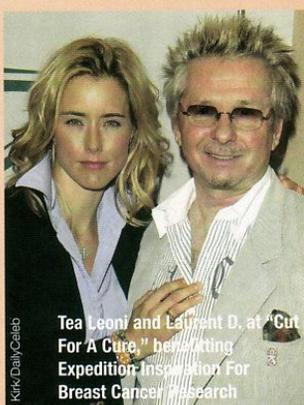
The Privé Salons

After partnering for many years, in 1995 Laurent opened his very own salon, named Privé, which means "private" in French. The plush salon, divinely designed and furnished with the help of his brilliant wife, was located first on Melrose Place and is now in the famous



Men, Women & Children

Unlike some other celebrity hairdressers, Laurent does not limit his clientele in any way. He works equally with male and female stars. A good case in point was his recent Academy Awards transformation of Johnny Depp, who he has "coiffed for the past two years for the Oscars." For the most recent awards Laurent took Johnny, (Laurent actually goes to his home), from longer tresses to a very sleek, shoulder-length cut that was fantastic. After initially cutting several inches from Johnny's strands, they took a break and "had a little lunch." Studying Johnny closely, Laurent reported that he "felt he needed to take a little more off" and set back to work trimming a tiny bit more. He then flat-ironed Johnny's newly shorn strands to give them a shiny, sleek and sexy flow. When Laurent was finally satisfied with his work for Johnny, he did the tresses of Johnny's entire family.



Kirk Daily/Celeb

Tea Leoni and Laurent D. at "Cut For A Cure," benefiting Expedition Inspiration For Breast Cancer Research

Téa In The Limo

His need for speed came in handy when he was accompanying his dear friend and long time client, Téa Leoni (Mrs. David Duchovny) to a live appearance on *The View*. Horrendous traffic and a confused limo driver were running down the clock. With less than 12 minutes to air time as the beautiful blonde star struggled to change her clothes in the careening limo, Laurent worked on removing her hot rollers and

arranging her hair into a TV appearance worthy coif.

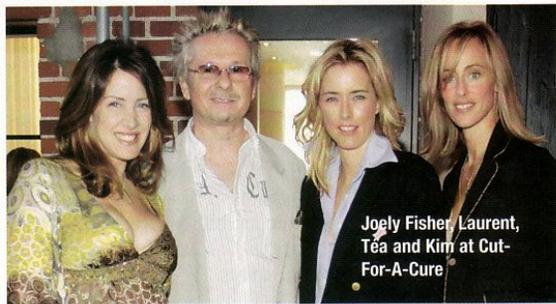
Téa made it just in time for her appearance and "her hair looked amazing" courtesy of Laurent's ability to calmly juggle hot rollers, brushes and styling products, whipping up a tress masterpiece. Laurent has been quoted in previous interviews saying that, "he prefers lighter locks on Téa because they look better with her blue eyes and fair skin." Regardless, of his own thoughts, Laurent only provides the cutting and styling duties, letting his talented team of color technicians provide the hair coloring.

Noted for creating her boyishly pixie style for her noted role in *Jurassic Park III*, Laurent designed a very short, slightly mused but fetchingly feminine razored look complete with full and sexy bangs. Laurent also reported that he recently "did a whole new look for Téa," who just finished doing some movies "requiring her to have a specific color, length and style."

Spanish Kitchen on Beverly Blvd. in Los Angeles. The wild success of Privé motivated Laurent to spread his wings and open the New York salon in the fabulous SoHo Grand Hotel. Because Laurent had scores of devoted customers on both coasts, he committed to a regular schedule of holding court in both salons.

Laurent admits that he actually enjoys his travel time between coasts because it affords him the down time

to catch up on "all his reading." Armed and overflowing with the latest fashion, beauty and celebrity rags, Laurent admits that he "settles in on his long flights to catch up on all the coverage of the hairstyles of his clients," taking notes. He continues "Maybe their hair color is too bright, too light or too dark under the lights or possibly their bangs need to be softer or fuller" or a myriad of other strand possibilities.



Jogly Fisher, Laurent, Téa and Kim at Cut-For-A-Cure

Privé Salon
7373 Beverly Boulevard
Los Angeles 90036
323-931-5559

Privé Salon
310 West Broadway
New York, New York
212-274-8888

Privé Product Line

When creating his sizzling hot Privé line, he pointed out that it has always been "his philosophy to keep things as simple as possible because people are too busy to fiddle around" with complicated hair care systems. The key to all of the products is that they are super easy to use." Take a peek at just a few of his celeb fans and for more info on the line, log onto www.priveproducts.com

- Britney Spears: Amplifying Shampoo, Reparative Conditioner, Root Amplifier, Shine Serum
- Cameron Diaz: Amplifying Shampoo, Reparative Conditioner, Weightless Amplifier, Finishing Spray
- Carmen Electra: Intensive Mask, Shine Serum
- Charlize Theron: Grooming Crème, Shine Serum, Amplifying Treatment
- Courteney Cox-Arquette: Daily Shampoo & Conditioner, Intensive Mask, Leave-in Treatment
- Debra Messing: Daily Shampoo & Conditioner, Curl Activating Crème, Relaxing Gel, Shine Serum, Styling Brilliance
- Elle Macpherson: Reparative Shampoo & Conditioner, Shine Serum, Intensive Mask, Leave-in Treatment, Root Amplifier
- Freddie Prinze Jr.: Sculpting Pomade & Styling Gel
- Gwyneth Paltrow: Reparative Shampoo, Daily Conditioner, Grooming Crème, Shine Serum, Styling Brilliance
- Jewel: Reparative Shampoo & Conditioner, Intensive Mask, Leave-in Treatment, Shine Serum
- Johnny Depp: Grooming Crème, Sculpting Pomade, Styling Brilliance
- Kelly Clarkson: Reparative Shampoo & Conditioner, Leave-in Treatment, Styling Brilliance
- Kirsten Dunst: Grooming Crème, Detailing Pomade, Leave-in Treatment
- Kristin Davis: Daily Shampoo & Conditioner, Firm Hold Hairspray
- Liv Tyler: Intensive Mask, Shine Serum, Daily Shampoo & Conditioner
- Lucy Liu: Grooming Crème, Shine Serum, Reparative Shampoo & Daily Conditioner
- Madonna: Daily Shampoo, Reparative Conditioner, Intensive Mask, Root Amplifier, Shine Serum
- Nia Vardalos: Grooming Crème, Leave-in Treatment, Reparative Shampoo & Daily Conditioner
- Nicole Richie: Reparative Shampoo & Conditioner, Shine Serum, Grooming Crème, Intensive Mask
- Paris Hilton: Reparative Shampoo & Conditioner, Grooming Crème, Shine Serum
- Salma Hayek: Relaxing Gel, Intensive Mask, Reparative Shampoo & Conditioner
- Sharon Stone: Daily Shampoo & Conditioner, Detailing Pomade, Styling Brilliance
- Sheryl Crow: Amplifying Treatment, Curl Activating Crème
- Tea Leoni: Reparative Shampoo & Conditioner, Root Amplifier, Firm Hold Hairspray, Styling Brilliance.
- Teri Hatcher: Curl Activating Crème, Styling Brilliance, Grooming Crème, Daily Shampoo & Conditioner, Leave-in Treatment

TRESS RX

Ask the Hair Doctor

By Karen M. Shelton
Hairboutique.com

Photos courtesy
of Global Hair &
Fashion Group

Brushing Tangled Locks?

My little girl has long, beautiful hair. Although it is fairly straight at the top near the roots, it also has a mixture of waves and curls at the ends. Her hair develops a series of tangles and slight knots every single day. No matter what I try to do, when I try to get the knots out, she cries and gets very upset. When I don't deal with the tangles and knots on a daily basis, they seem to get so much worse. Do you have any suggestions? I am beyond frustrated.—Tangled Hair Challenged Mom

There is nothing worse than trying to comb or brush tangles out of a head of hair that is attached to a tender scalp. While there are a variety of detangling steps you can try, keep in mind that you will have to develop a plan that works best for you and your daughter.

Some possible detangling options include:

1. Use a moisturizing shampoo that you dilute with water when you wash your daughter's hair. Lack of moisture encourages hair to tan-



Studio Styler (Haan, Germany); Stylist: Ibrahim Budak

gle and knot up. Full strength shampoo formulas may be too drying for your daughter's tangle-prone tresses.

2. Experiment with a dilution of 1/4- to 1/2-teaspoon of shampoo mixed in one quart of lukewarm water to create suds. Make sure that your daughter's hair is very wet before applying the shampoo. Drizzle the shampoo over the top of your daughter's hair and let the suds gently run down the length of her strands. Gently pat the suds into her hair. Rinse well. Another hidden cause of tangles is an invisible film of shampoo that may coat your daughter's strands.

3. Use a rinse-out conditioner. Apply a liberal amount to your daughter's strands with your fingers, avoiding the root section to prevent the development of excessive oils. Allow the conditioner to remain on her strands for two to five minutes.

4. Rinse well with water. If your daughter can handle it, do a final rinse with cool water to help seal the newly added conditioner into the cuticle and help add shine.

5. Towel-blot and make sure to never rub the strands with a rough towel.

6. On damp strands apply a good leave-in conditioning detangling spray, cream or mousse. Apply the detangling product to the palms of your hands and then massage the product into your daughter's hair with your fingers. Apply product liberally to the sections of hair that tangle and knot up the most, and use your finger to "pick" out any obvious knots or tangles. Never use a brush on wet or damp strands. Hair is most fragile at this point.

7. Continue to "finger pick" the detangling products through the strands.



Excellent Hair (Wiesbaden, Germany); Stylist: Khalil Davary

Once the strands are well coated with the detangler, use a wide tooth comb or pick and starting at the bottom, gently detangle each remaining knots or tangles. Always work from the bottom of the strands up towards the top to prevent tugging and pulling; use one hand to anchor the hair at the middle of your daughter's head while you detangle the bottom strands. By anchoring the hair with your free hand, it will minimize pulling on the scalp.

8. Once you have detangled all of the damp hair, let hair air dry, if possible.

9. If your daughter's hair gets knotted during the day consider applying a light film of jojoba, sesame or similar oil to her strands and then gently pulling them into a three-strand braid. If you braid her hair, make sure that it is not pulled too tightly against the scalp or this could potentially cause problems later. A soft three-strand braid that keeps the hair together would be ideal.

10. Always use a "hair friendly" elastic covered band to create braids or ponytails rather than a rubber band which can break and tear delicate strands.

11. Experiment with some styles that your daughter will enjoy and will minimize daytime tangling. Some options include wrapping her hair into a soft bun held in place with tiny

ouchless barrettes or bobby pins. Ballerina buns are always very cute and easy to do. A simple ponytail can also help by keeping hair from flying freely and inviting knots.

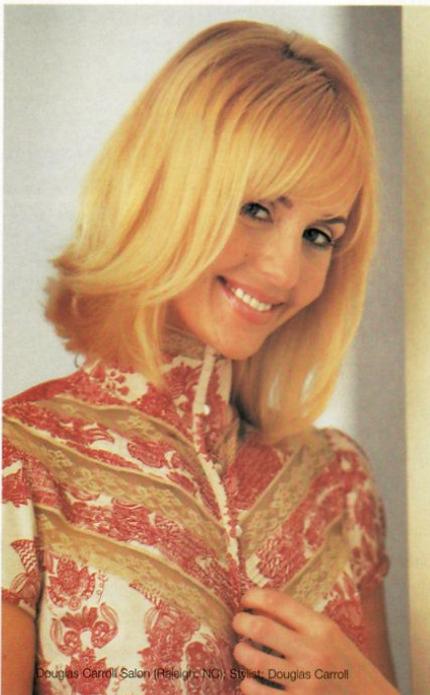
Other options include:

1. Using only an authentic or similar style boar's bristle head brush on your daughter's strands. Avoid any plastic brushes with balls on the ends. The balls can get caught in the snags and rip delicate hair. Also, plastic brush bristles can scratch delicate scalps.

2. Use a high quality comb that has a tortoise shell-like covering that will be less prone to rip and tear hair.

3. If you put your daughter's hair into a ponytail to help minimize tangles, try detangling the pony hair first before removing the elastic band.

4. To avoid potential pulling on the scalp when removing ponytails, consider buying inexpensive pony elastics like Blax and then using scissors to cut them off rather than pulling them off. Blax or similar brands are very inexpensive and most celebrity hairdressers cut them off to avoid pulling out delicate strands.



Douglas Carrol Salon (Fayetteville, NC), Stylist: Douglas Carrol

5. If your rebraided your daughter's hair during the day because it becomes loose, consider applying a tiny bit of jojoba or similar oil to your hands and lightly smoothing the oil through the strands before you braid. Not only will this help to hold the hair more firmly in place but it will help to coat the strands and prevent easy knotting.

6. Teach your daughter to detangle her own strands as much as possible. When children experience the detangling at their own hands, they can often help guide you with future snag removal.

7. Have your daughter sleep on a satin or silk pillowcase which helps keep hair from tangling or getting knotted at night.

8. Make sure that her hair is kept trimmed so that any split ends that might add to the tangling are removed.



Stan Milton Salon (Atlanta, GA), Stylist: Stan Milton

Tension Headaches From Ponytails?

I constantly get horrible tension headaches. My doctor claims that they are related to the fact that I love to wear my long hair in a ponytail on a regular basis.

While it is true that I always feel better after I take my hair down, it seems very odd to me that my headaches could be related. What do you think?—Addicted To Ponytails

Dear Addicted,
A recent British study found that approximately 54% of women who wear their hair in regular ponytails are more prone to suffering from throbbing tension headaches than women that don't adopt the popular pony coifs. Why? Hair tension.

Doctors found that ponytail wearers tend to pull their hair too tightly into the hair tails, which then put pressure on the entire scalp area. The result? Tension headaches.

Of course tight hairstyles are not always the cause of tension headaches. If you are unsure of the connection with your own head pounding issues try wearing your hair loose for at least two weeks to test the results. If

you are headache free during the time you are letting your hair down, consider changing your hairstyle.

Instead of opting for a scalp tightening do, consider experimenting with a series of soft buns, twists and chignons that are held fashionably in place with jaw or claw clips. France Luxe makes a stunning array of tortoise shell inspired hair clips in a dizzying array of sizes, styles and hues. To take a peek at the luscious France Luxe line check out the selection at Hairboutique.com's Marketplace.

If you still experience an achy scalp after undoing your ponytail you may benefit from a brief scalp massage to erase the pain. Danish researchers found that approximately 90% of headache sufferers benefit from the massages with the pain decreasing significantly within the first two minutes.

If you can't forego your pony for other off-your-neck options, consider trying a softer, looser tail style.

Karen M. Shelton is President/CEO of the popular award-winning www.hairboutique.com

Have a question for the hair doctor?
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