

HAIR HEADLINES

Extra! Extra! Lucy Liu's Brand New Short Bob!

By Karen Marie Shelton • HairBoutique.com

Over the past ten years working with Hairboutique.com, I have had the great honor of meeting many different celebrity hairdressers, colorists, stylists and makeup artists. One thing that rings true with all of them is the fact that they are fiercely loyal to their celebrities and in many cases, they become part of each other's family. Not only do they work hard together—often into the wee hours of the morning—they play hard. They also take vacations together and hang out at a variety of locations.

Such is the case with Celebrity Hairdresser Robert Hallowell who is currently in New York on business before an extended trip to Europe. Having recently wrapped his head hairdressing duties on TV's Commander In Chief, Robert has been hanging out with his longtime client Lucy Liu.



obert adores Lucy and is always thrilled for the opportunity to work with her professionally and to spend downtime with her.
When I caught up with Robert in New York (at Lucy's) via his phone, he mentioned that he had just cut Lucy's hair into the latest hair fashion—a classic above-the-shoulders but below-the-chin bob. Robert, who has worked with Lucy on Charlie's Angels and Lucky Number Slevin (to name just a few of their hair collaborations), graciously explained how he created Lucy's hot new short bob.

Although Robert is "not normally a

Lucy Liu's Short Bob

fan of a razor," he explained that because "Lucy loves razor cuts," he used a "very very sharp" razor to create "a very rough, very textured edge." He also created a "classic bob line which is short to long." Robert elaborated on this telling me "that he cut the nape very short" and then the hair was short to long throughout the rest of the hob

I teased Robert about the fact that he used a razor because we recently had a conversation about his preference to cut short styles with his favorite shears. Yes, he agreed, "he doesn't like the razor on a lot of short cuts" because "it can make the ends too paper thin." However, Lucy asked him to use a razor and he did with "really great results."

Robert told me that Lucy, who is currently working on several private proj-

Ing on several private projects, wanted something "easy to style and care for with her busy lifestyle." Shortly she will be getting ready to work on a new film. With her goals of ease and simplicity in mind, Robert cut the bob so that in effect Lucy can "finger scrunch and air dry." For variety she will use her fingers to "flick up the ends" to give an edgier look—the beauty of her short new bob is that it is versatile and can be worn scrunched, tousled, slightly flicked or silky and finished.

Pushing for more details Robert gave me all the steps to Lucy's easy style:

Shampoo: Lucy starts by washing her hair in lukewarm water with Robert's New Shine Booster Shampoo, which Robert said "she likes even better than the original formula."

2 Condition: Lucy applies the New Shine Booster Conditioner and then rinses well.

Towel Blot: Using a thick towel to blot excess moisture, Lucy detangles her tresses and then applies Dream Cream.

Finger-Pick, Push & Scrunch: Once Lucy has applied the Dream Cream, she lets her hair "air dry" using her fingers to push her damp strands from the ends to the roots to give her new bob lots of natural texture. Lucy has medium thick strands that have a lot of "bend," which means that scrunching with air-drying will create lots of sexy and natural texture.

Spray Is Optional: I asked Robert what other products Lucy might use to recreate this style. He said that she will sometimes spritz her finished style with his Rawhold Hairspray.

Oress It Up: While Lucy's new short bob haircut is fabulous for her busy but focused lifestyle, she may still be required at times to dress up her bob for photo ops or strolls down various red carpets.

When Lucy wants to dress up her style, Robert said "she can skip the finger-picking and scrunching to utilize a round boar's bristle brush with her blow dryer to create a more finished and sleeker style." Using the round brush, Lucy can build in instant volume and fullness along the crown. One way that

Lucy can can some great volume along the roots is to utilize Robert's Super Volumizing Tonic.

Adding Shine & Glamour: For very special events Lucy can enhance dry hair using either a curling or flat iron to create different textures. Robert noted that for a really dressy finish she can add a few drops of his Love That Shine Drops or optionally Love The Shine Spray for

instant glisten, shimmer and dazzle.

Accessorize: Lucy's sizzling new bob is the perfect length for either the latest headbands or for a silk flower.

Robert reported that at his last hair show in LA, "everyone seemed to be wearing either headbands, silk flowers or some type of hair accessory."

The short bob hairstyle is back in fashion

and getting hotter by the minute. One of the great things about a precision cut bob, as Robert Hallowell so helpfully explained, is that it can be a wash and wear style that requires just a good styling cream and some finger-flexing to create lots of sexy natural texture. Robert confided that "one of the very great things about Lucy Liu is that she has fantastic style and self confidence which is a major part of her overall beauty."



Work Your Body Styling Secrets For Volume

By Karen Marie Shelton • HairBoutique.com Photos by DailyCeleb

When you take a look at Sharon Stone, you would never guess this sexy actress has very fine hair. But she does—and whether she wears it sleek and slicked down against her scalp or goes with a variety of faux mohawks, super ruffled or edgy hairstyles, she knows how to create lots of volume for her tresses (and we'll tell you how)!

Celebrity hairdresser Robert Hallowell, who has worked with Sharon's hair in the past, confirmed that Sharon used "to cut her own hair" when it was super short. Sharon has even gone on record saying she "took scissors to [her] own hair and chopped it [herself]." Robert used many of his fine hair styling secrets on the beautiful blonde star when he was working with her tresses for various events.



Secrets For Creating Volume

1. Start With A Volume Enhancing Haircut

If your hair is fine to super fine, it is important that you work closely with your hairdresser to create a short cut that maximizes your hair fullness levels. Robert specifically advises against the use of a razor for cutting short styles on fine or thin hair textures. This is because he points out that "the razor can cause lots of end splitting." Also, "if the tresses are fine to begin with," the razor will cause the strands to be "too flyaway."

Robert works with a special scissors/shear combination that allows him to create beautiful chunky layers like he has done for many of his celebrity clients without risking razor damage. Robert also points out that fine hair, if not cut with skill and the right scissors, may actually



show scissor marks in the finished style. Razor cuts may also leave marks on a short hair cut.

Although many of Robert's celebrity clients prefer "baby bangs," Robert loves "heavy side-swept fringes" for his fine tressed clients. He explained that "full bangs, especially when worn in a side-swept fashion, add a beautiful shape to fine hair and give the illusion of thickness."

2. Consider Hair Color

Robert pointed out that "highlights and hair color" will also help the hair cuticle to naturally swell giving the look of more texture, and recommends "his fine haired clients go with highlights, lowlights or a beautiful demi or permanent color to help naturally fatten up" their tresses.

3. Crank Up The Volume In The Shower

It is a well-known secret that cleansing hair with volumizing



shampoos will definitely add body and fullness to hair that is straight, fine or thinning. There are many products on the market that offer documented proof of strand fattening.

4. Skip The Rinse-Out Conditioner

Unless hair is damaged or tangles easily, a rinse-out conditioner is not recommended for helping to plump up fine strands. Conditioners will smooth the hair's cuticle which is great for hair that is curly, wavy or damaged, but it will tend to flatten hair that is naturally straight or slick and fine.

5. Finish Shampoo Session With Cool/ Cold Water Rinse

Hair experts argue about this point but many find that blasting fine hair with a cool or cold water final rinse will close the cuticle and help it to swell slightly. It also helps to add natural shine.



6. Use Detanglers And/Or Leave-In Conditioners Sparingly

If fine hair tends to tangle easily, apply a very light detangling spray to only the area that tangles. Avoid adding conditioning detangling sprays or heat protecting leave-ins unless necessary. These will flatten fine strands.

One trick that will help to detangle fine hair without requiring heavy detanglers is to take one to two drops of pure rosemary essential oil and apply it to the palms of your hands. Massage the oil well into your palms and then use fingers to lightly run through damp hair in the areas that tangle.

7. Use Volume Enhancing Products

Towel-blot hair to remove moisture and then apply products designed to give



fine hair fullness. Many people with fine hair find that they achieve the best results when they use a different product for their roots then they use for the rest of their strands. Many people with fine tresses get great results when using a root booster along with a very light styling mousse designed to add lots of volume to hair.

Robert specializes in creating beautiful texture, lift and shape for his many fine tressed celebrities such as Sharon. Lucy Liu, Geena Davis and Ever Carradine. Robert created his own Prawduct hair care which features a volume enhancing root spray known as Super Volumizing Spray. Apply the root lift product of your choice and then finish by using fingertips to distribute a volumizing mousse throughout the rest of your strands. If your hair tends to frizz, you may wish to add a tiny bit of defrisant cream. The key is to be sparing with any creams but make sure that frizz is contained.

8. Use Styling Tools With Precision

A common mistake that hair consumers make is not using their hot styling tools in the best way for their hair type. For fine tresses it is important not to "overblow" the style which can cause fine strands to flatten. Many hairdressers suggest blow-drying fine hair on the slowest hairdryer setting and only to remove excess moisture, or even better, let them "air dry" which naturally builds in a fuller look to fine strands.

If you prefer to blow-dry



your hair, use the slowest and coolest setting. Cold air will also help the cuticle to swell and it will add shine. To get maximum fullness use a small to medium round brush and separate hair into one- to two-inch sections. Blow-dry by directing the air flow of the dryer from the ends up to the roots around the individual sections. This naturally "ruffles" the sections building in fullness.

9. Curling Iron Techniques

Robert also explained that if you "use a small-diameter curling iron (about the size of a pencil) you can get lots of fullness created with the hot iron." Robert recommends "using the hot iron wherever you want lift."

Take an individual section of hair where you want to build in lots of volume that is "about the size of a fat piece of spaghetti, lift the hair at the base (near the roots) and wind the curling iron down the section, getting as close to the base as possible." If you're starting at the crown area of the head, "spiral the hair inward, towards the center."

Directly opposite to this first section, create a second identical section of lift, also directing this second section inward towards the center. This way the two sections move towards one another, creating subtle lift at the base.

When you are finished working with the iron through the sections of hair, let the hair completely cool. Then rough up the sections a tiny bit with your fingers and flip hair back into place. For natu-



ral-looking volume that stays, always start with a volumizing tonic or a dime-size amount of gel. Too much gel can make hair sticky. Always be super conservative.

10. Building Big Bodacious Roots Without Backcombing

Robert has lots of experience giving Jennifer Love Hewitt big beautiful roots. He uses "a combination of silver colored hair clippies" or even bobby pins to give her roots lift or direction. Robert creates Jennifer Love's fat roots on dry strands. He likes to "use hairspray that contains alcohol because it dries the fastest, especially if he is not using heat, which he doesn't use on dry hair."

To create quick lift on the part line, "take individual sections of hair from both sides of the part, about the amount of hair that will fit in a silver color salon clippie. Hold the strands straight up in the air, mist on the hairspray and slip in the clippie." The clippie holds "the base of both sections straight up in the air." Wait a few minutes for the hairspray to completely dry. When hair is dry, carefully slip out the clippie and then use fingers to style.

You will get great subtle fullness and lift, right where you want it. When he is working on set, Robert puts in all the clippies where he wants direction lift, sends his celebrity client to makeup which can take about 30 minutes and then removes the clippies. This trick works well on fine hair that can not



handle lots of back-combing.
Use the clippies to add lift at the hairline or to trick a cowlick into submission. For thicker, heavier hair, take smaller sections and use extra hairspray. The whole idea is to direct roots wherever you want them to go.

11. For A Chunky, Jagged, Full Look

To steal Sharon's chunky, jagged look, break-up ends a little or a lot. Take a small amount of Dream Cream, rub it between your fingers and finger-comb the ends, flicking them up and out lightly. For stronger separation on thicker hair, bend ends up with the fore and middle fingers of one hand while you rake through the protruding ends with the fingers of the opposite hand

To achieve a piecey look on just the ends, use a styling wax, paste or balm and apply just to the very edges of the style.

12. Skip Heavy Hairsprays Or Shine Products

One potential mistake that people with fine hair make is finishing their style with heavy hairspray that will cause all that newly added volume to flatten over time. Use a very light hairspray that will help hold the shape you desire without flattening the volume. If you must use a shine product, use only one or two drops and apply to the palms of the hands. Massage well into the palms and then lightly brush over the top or your finished style.

LANA PARILLA

Her sexy style is a winner on NBC's Windfall!

By Karen Marie Shelton • HairBoutique.com



NBC's summer hit Windfall premiered on Thursday, June 8th at 9 pm (EST). While the show is definitely a fun, fluffy summertime treat, it offers lots of interesting new characters to watch. I first spied the lovely Lana Parilla, who made her entrance as Nina Schaefer in a short and sassy bob hairstyle that showed off her gorgeous features and telegraphed a saucy persona. The winning actress obviously has some hair tips and hairstyling tricks up her beautiful sleeves.

The premise of the show is that 19 friends plus a few bizarre strangers, including the pizza delivery lady and a Russian mail order bride, are swirled into a mix where a \$386 million lottery is suddenly won. Although the cast is packed with lots of different characters just like *Lost* and

Invasion, Lana instantly captures attention—and not only for her sexy style. Lana's character, Nina, buys the winning ticket that creates overnight millionaires. She also shares a tortured interchange in the rain with her lost college sweetheart (Jason Gedrick) while strugling with her feelings for her hunky husband played by 90210's Luke Perry.

From Spin City To Boomtown To 24

Lana is a self professed
"Latina," whose Italian mother
is a painter and artist and her
father (now deceased) was a
professional baseball player
from Puerto Rico. In her early
years growing up in Brooklyn,
the 28-year-old Cancer (July
15, 1977) made her own home

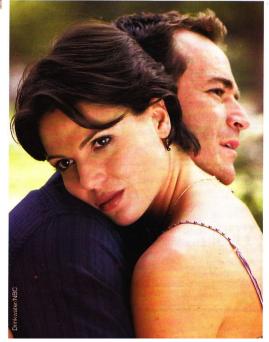
videos linking that period to her current love of acting.

Following her performing dreams right out of high school, Lana moved to LA to pursue a professional career in acting. She first won attention for her role of Angie Ordonez on Spin City opposite Charlie Sheen during the 2000 to 2001 season. In 2005, she joined the women of 24 as CTU employee Sarah Gavin. Additionally she has performed in a string of notable guest appearances on such shows as Jag and The Shield. Lana also won the Imagen Award for Outstanding Supporting Actress in a Drama Series for her portrayal of Teresa Ortiz on Boomtown.

Lana's Short Bob Rocks The Show

Lana's presence dominates the show in more ways than one. Her acting is masterful, and I for one really believe that she is living a fairytale that is unraveling in slow motion into her worst nightmare. A range of emotions plays over her face at just the right moments as she deals with her lost true love, his wife and her own family.

Showcasing her acting abilities is her short bobbed hair that perfectly frames her beautiful face and dark Latin inspired eyes. The first thing I noticed about Lana's short bob cut besides the full sideswept bangs, the center part and the voluminous crown, was how the short cut showed off her long neck, flawless skin and jaw line. Indeed, her current short bob hairstyle is a great look for her. The cut suits not only her face shape, hair type and skin tone, it provides her character with a sensuous soccer mom type of twist.





Steal Lana's Style

The key to duplicating Lana's short bob look is finding a hairdresser that can give you a precision cut. It is also important to remember that this look is not for everyone. Lana's flawless skin, gorgeous eyes and perfectly balanced lips and nose work perfectly with her hairstyle. She also has a great body type and a very long neck.

Work with your favorite hairdresser and ask them if you can carry off Lana's short bob style. If not, listen to your hairdresser's suggestions. It might be possible to have a similar look that is customized to flatter your own unique face shape and body type. You must also consider hair type and texture. Lana has medium thick hair with some bend and the indication of a slight wave, which also works with this style.

The key to creating a beautifully finished style is a combination of the right styling products with the right drying procedures. This cut works best for hair that is medium in thickness and naturally straight or with some bend. Naturally curly or wavy

hair may not work as well with this short bob style. When in doubt consult with your trusted hairdresser.

1 Start by washing hair in lukewarm water with shampoo products designed for your hair type, texture and current condition. If you have dry or damaged hair or hair that is chemically processed, utilize a product designed for those special needs.

When appropriate to your hair's needs, apply a rinse-out conditioner. If your hair is fine, thin or tends to accumulate oils or grease, avoid using a rinse-out conditioner. For damaged hair, apply rinse-out conditioners only to the ends or damaged areas. Rinse well.

3Finished with a cool/cold water rinse to close the cuticle and add natural shine.

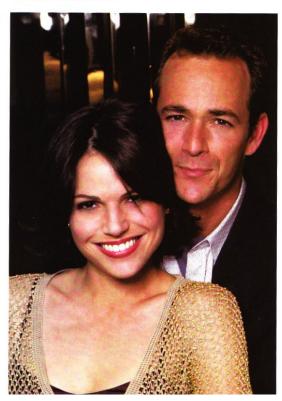
Apply a defrisant product to create a super smooth finish. For lots of volume at the roots spray a volumizing product right at the roots. similar brush, lift and separate the bangs first. Blow-dry to the desired fullness.

7 Once bangs are completely dry, work on the rest of the hair. Wrap one- to two-inch sections around the brush while directing the air flow from the blow dryer down the shaft of the hair. Work around the head from side to side building in natural body as you dry.

Once your entire head is 100% dry, apply a drop or two of shine serum to the palms of your hands and massage together well. Lightly work the serum into your finished style to finish. Avoid applying directly to the root area. For additional soft hold, spritz lightly with a soft hairspray.

9If any of the sections do not have the desired body, use a medium-sized barrel curling iron to add desired movement and fullness.

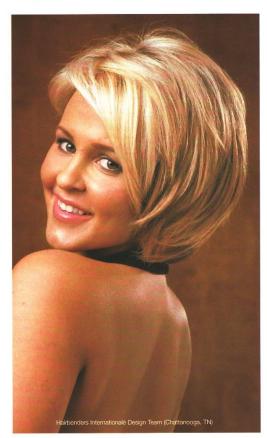
5For a soft finish, apply mousse and distribute one-inch from the roots to the ends.



6 Using a medium-sized bround boar's bristle or

By Karen M. Shelton HairBoutique.com Photos: Tom Carson

Ask the Hair Doctor





Whenever I go see my current hairdresser she tells me how difficult my hair is to cut. When I ask her what she means, she says that my hair is super thick and hard to manage. It actually hurts my feelings when she tells me this but I am never sure how to respond.—Arial, Portland, Oregon

It is never okay for a stylist to repeatedly hurt your feelings, nor is it okay for a hairdresser to complain about your type, texture or length of hair. Find a new hairdresser that cuts and styles your hair with love and passion. Great hair-dressers will make it their mission to make you comfortable and beautiful, regardless of your hair type. Find a styl-

ist that will work hard to always put you at ease and help you find fabulous styles that work perfectly for your type, texture, length and condition of hair.

If you don't want to dump your current hairdresser, send her a polite note explaining your current dilemma. Ask her to please respect your feelings about your hair and ask that if she is sincerely not comfortable cutting it for you, that you will find someone else to cut and style your tresses.

Any ideas for creating easy updos for chin-length hair without resorting to pin-on ponytails or other extension hair accessories?—Becca, Boston, Massachusetts Working from the front of your hairline to the nape of your neck, section your freshly washed and dried hair into a series of tiny ponytails. Use Blax or similar "hair friendly" elastics in the same color as your current hue to tie off each pony. Make as few or as many little ponytails as you like.

For a funky look, leave the "tails" of the finished ponies to blow free. For a more finished look, gently curl the ends of each pony around your fingertip and pin into place with a small bobby pin, creating a mini version of a barrel curl.

Depending on how much time you wish to spend and the ultimate look you are going for, you can create a variety of parts and patterns extending from your





hairline to the back of your head.
Remember to experiment but if you decide to adopt this look for a big event, spend some practice time working on your technique.

I have a chin-length bob that is all one length that I pull back into a small ponytail. I never am able to get my hair to look sleek like all the celebrities when it is pulled back. Are there styling tricks that I am missing?—Carolyn, Las Vegas, Nevada

The first step to sleek, pulled back hair, is well conditioned strands that will bend and mold into your designed pony style. Moisture starved tresses are more prone to flying free and other random acts of misbehaving. Start with a strand taming moisture enhancing shampoo like Phytojoba or similar.

Unless your hair is fine or prone to oiliness, use a rinse-out conditioner after you shampoo. When possible, follow with a cool/cold rinse which seals the cuticle adding instant shine and manageability. Towel-blot your wet strands to remove excess moisture. Utilize a world class frizz fighter like Phytodefrisant Balm to keep random hairs from popping out of your sleek pony. Apply the Phytodefrisant or similar product to your damp strands before blow-drying with a

boar's head paddle or round brush.

After your hair is completely dry apply one or two drops of Paves Professional Shine Serum or similar into the palms of your hands and mix well with your fingers. Run your fingertips through your hair to give it added smoothness. Use your fingers and a brush to pull your hair back into a sleek pony. If your hair still pops out, keep your serum handy and apply to rowdy hair sprouts as needed for instant taming. For extra hold, spritz with a light hold hairspray.

Don't forget to keep your split ends well trimmed while religiously performing regular deep conditioning. These maintenance steps encourages strand sleekness and spectacular shine.

I have short fine hair that is currently mousy-brown. I have a warm skin tone and am wondering if I can liven up my drab hair with red hair? Do I need to find a colorist or should I just close my eyes and grab a box of color from the nearest grocery store shelf? What is the best red shade for my skin tone and how do I find out how to get the best look for me? Will red help give my hair more volume?—Karen, Houston, TX.

The right shade of red definitely can help

you weave the illusion of volume on your fine hair. Color is known to swell the hair cuticle and will often add instant new volume to fine or thinning hair. If you have a warm skin tone, you should think about red shades that are in the earthy or bronze family of hues. Since you are unsure of the right color for your current skin tone, it would be best, at least initially, to work with a master colorist that can mix and match red shades that will result in a fabulous color for you. While home hair color can work for many, it is not always advisable for the hair coloring novice.

Always schedule a consultation with the colorist of your choice before you take the color plunge to talk about the type of red you envision. Let the colorist show you some of their suggestions for complimenting your skin tone and eyes. If you feel comfortable with the consultation, make an appointment to have your hair colored.

Ask your colorist to recommend some enhancements to your current style that will showcase your new red hues to maximum effect. Sharp layers or well placed shading at the roots or at the tips can add special depth. You can maximize the color created by utilizing color shampoos that will maintain your beautiful new red shades as well as provide you with the appearance of fatter strands.